

CSMSS Ayurved Mahavidyalaya and Rugnalaya, Kanchanwadi, Aurangabad.

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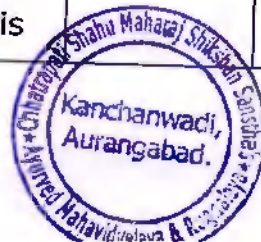
Annual Teaching Plan (ATP) For Theory UG

Department: - Kayachikitsa

Sub: Kayachikitsa

Year : 2021-2022

Sr. No.	Name of Faculty	Name of Topic of Paper – I (in short)	Approx. Lect. Required	Name of Topic of Paper – II (in short)	Approx. Lect. Required	Approx. Total number of Lectures
1.	Dr. A.K.Burley	IIInd term- Plague, Dengue Fever, Chikun Guniya, Leptospirosis, Anthrax, Romantika (Measles), Viral Fever Masurika (Small pox), Laghu Masurika (Chicken pox), Yellow fever	04	Ist term- Chikitsa sutra and Management of the diseases of Annavaaha Srotas such as - Agnimandya, Aruchi, Ajirna, Anaha, Atopa, Adhmana, Alasaka, Vilambika, Visuchika, Chardi, Grahani, Amlapitta, Gulma, Shoola, Bhasmaka, Acid peptic disorders.	15	37
		IIIrd term- Description and Management of following Emergency Conditions- Acute Haemorrhage, Hypertensive Emergencies, Acute abdominal pain (Renal colic, Biliary colic, Gastritis, Pancreatitis, Peritonitis	08	Ist term- Principles of treatment and management of Vata Vyadhi such as - Pakshavadha, Ekangavata, Sarvangavata, Ardita, Avbahuka, Kati Graha, Manyastambha, Gridhrasi, Vishwachi, Khalli, Khanja, Pangu, Padaharsha, Padadaha, Vatakantaka,	10	



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		and Appendicitis), Acute Abdomen, Anuria/ Oliguria				
2.	Dr. N.R. Nimbalkar	IInd term -Detailed description of Chikitsa Sutra and Management of Jwara and its types.	10	IInd term -Introduction to Mutravaha Srotas Mutrakricha, Mutraghata, Ashmari, Cystitis, Nephritis, Nephrotic Syndrome, BPH, Renal Failure.	10	64
		Ist term -Knowledge of Lina Dasha & its management, Diagnosis, Chikitsa Sutra and Management of Avarana and of Dhatu Pradoshaja diseases, Importance of Dasha, Dushya , Bala, Kaala, Agni, Prakriti, Vaya, Sattva Satmya, Desha, Ahara and stage of diseases in treating them. Chikitsa Sutra and Management of 'Samanyaja and Nanatmaja' diseases.	10			

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		Congestive Heart Failure, Myocardial Infarction/Angina, Shock, Syncope, Convulsions, Hyperpyrexia, Hyperglycemia, Hypoglycemia, Status Asthmaticus, Acute Respiratory distress Syndrome, Drowning and Electric shock	08	IIIrd term- General introduction, types and Management of diseases caused by Vyadhi Kshamatwa Hinata (Immuno deficiency disorders), Auto Immune Disorders	08	
				IIIrd term- Manas and Manovahasrotas, Nidana and Chikitsa of the following disorders - Unmada- Apasmara-Atattvabhinivesha, Chittodvega, Vishada, Anxiety disorders, Depression, Somatoform and Mood disorders, Stress induced disorders, Psychosexual Disorders.	10	
				Ist term- Kroshtukashirsha, Udavarta, Kampavata, Dhatugata and Ashayagata Avarana Vata, other Vata Rogas, Parkinsonism.	08	
3.	Dr. Y.A Vitonde	IInd term- Vardhakyajanita vikara, Indriyapradoshjoa vikara, Alzheimer's Disease, Sleep disorders, General debility.	08	IInd term- Introduction to Purishavaha Srotas & Atisara. Pravahika, Arsha, Purishaj Krimi,	10	

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		Ind term- Typhoid, Pneumonia, Pleurisy, Influenza, Mumps, Meningitis, Encephalitis, Tetanus,	08	IBS, Ulcerative Colitis.		
		Ist term- Detailed description of Dvididhopakrama (Santarpana and Apatarpana) And Shadavidhopakrama (Rookshana, Snehana, Swedana, Sthambhana, Langhana and Brimhana). Detailed description of Shodhana, Shamana and Nidana Parivarjana. Knowledge of Aushadha matra, Sevan kaala and Anupana, Definition and Knowledge of Pathya-Apathya with examples of diseases of various systems.	10	Ist term- Chikitsa sutra and Management of the diseases of Pranavaha Srotas such as - Kasa, Shwasa, Hikka, Rajyakshma, Urakshata, Parshwashoola, Bronchitis, Bronchiectasis, Emphysema and COPDs.	10	78

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		Ist term- Derivation of the term 'Manas', its sthana (place), Guna (qualities) and Karma (functions). Samanya Chikitsa Siddhanta of Manasa Roga.	04	IIIrd term- Importance of Daivavyapashraya, Sattwavajaya, Adravyabhuta Chikitsa. Medhya Rasayana in the management of Manasa Roga. Bhuta Vidya diagnosis and management of graha disorders.	09
		IIIrd term- Chikitsa sutra and Management of the diseases of Raktavaha Srotas such as - Raktapitta, Kamala, Kumbhakamala, Halimaka, Daha, Mada, Murcha, Sanyasa, Vatarakta, Plihadosha, Yakrut dosha, Haemolytic disorders, Hepatitis, Cirrhosis of Liver, Leukaemia, Kushta, Shvitra, Visarpa, Sheetapitta, Udarda, Kotha and Kshudra Roga.	15	IIIrd term- Introduction, Definition and Management of Kama, Krodha, Lobha, Moha, Mada, Matsarya, Shoka, Bhaya, Vishada, Dainya, Harsha and Pragyaparadha.	04

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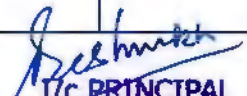
4.	Dr. A.M. Badarkhe	IIInd term- Introduction to Rasavaha Srotas Pandu, Amavata, Madatyaya, Hridroga, Hridshoola, Hypotension, Hypertension, Anaemia, Rheumatoid arthritis.	12	IIInd term- Introduction to Asthi & Majjavaha Srotas Asthimajja Vidradhi, Asthisoushrya Asthi kshaya, Sandhigata Vata, Osteo Arthritis, Osteomyelitis, Osteoporosis, Osteopenia.	08	56
		Ist term- Derivation of the terms 'Kaya', 'Chikitsa' and their definitions and synonyms. Definition of 'Kayachikitsa', Definition of 'Bheshaja'. Types and detailed description of Bheshaja and Chikitsa, Knowledge about Chikitsa Chatushpada, Rogi Roga Pariksha Siddhantha, Astasthan Pariksha	04	Ist term- Nidana and Chikitsa of Urusthambha, Gullian Barrie syndrome, Muscular Dystrophy, Myasthenia Gravis, Motor Neuron Diseases and Neuralgia.	08	
		IIIrd term- Knowledge of National Health Programmes and the relevant Ayurvedic Management of the following	10	IIIrd term- Derivation, definition and synonyms of Rasayana, importance of Rasayana and its benefits. Indications of Rasayana	14	

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		diseases enlisted by World Health Organisation- Malaria, Filaria, Kala Azar, Leprosy, Tuberculosis, AIDS.		therapy. Classification of Rasayana. Kutipravesika and Vatatapika Rasayana. Indications of Vatatapika Rasayana. Knowledge of Kayakalpa, Achara Rasayana. Procedures of Kutipravesika, Poorvakarma and specific schedules to be followed after Kutipravesha, benefits of Kutipravesika Rasayana. duration of process, Rasayana yoga and directions for their use. Determination of dose of Rasayana according to age. Rules and regulation after Rasayana therapy, Importance of Immunomodulators and antioxidants in Rasayana therapy.		
5.	Dr. A.S. Thote	IIInd term- Principles & Management of Nutritional deficiency disorders.	06	IIInd term- Chikitsa Sutra and Management of Mamsavaha Srotas and Medovaha Srotas such as- Gandamala, Galaganda, Mamsashosha, Arbuda, Apachi, Prameha, Sthaulya, Karshya, Diabetes Mellitus, Dyslipidaemia	10	47
		Ist term- Importance of Kriya Kaala according to stages of	04	Ist term- Chikitsa sutra and Management of the diseases of Udakavaha Srotas such as- Shotha,	13	

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		Dosha and their management.		Jalodara, Trishna, Water & Electrolyte Imbalance		
		IIIrd term- Introduction of general principles of maintenance of health and management of diseases of following systems of Medicine- Yoga, Naturopathy, Unani, Siddha, Physiotherapy and Rehabilitation.	06	IIIrd term- Vajikarana- Derivation, definition, synonyms, necessity, benefits, importance of fertility, Symptoms of Shûkra (Semen), Vajikaran Dravya and Aushadhi. Properties, doses, methods of administration, ingredients and methods of formation of Rasayana & Vajikarana formulation. Classification and importance of Vajikarana Dravya	08	
6.	DR. Vanita Puri	Ist term- Derivation of the term 'Manas', its sthana (place), Guna (qualities) and Karma (functions). Samanya Chikitsa Siddhanta of Manasa Roga.	04	IInd term- Chikitsa sutra and management of Shukravaha srotas such as Klaibya, shukralpata, shukradosha, kshina shukra, dhvajabhanga.	06	30
		IInd term- General introduction and principles of Management of diseases produced by Genetic, Environmental and Iatrogenic factors. Disorders due to drug and Food allergy and their	10			

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		management and other allergic conditions			
		IIIrd term- Diseases of different Endocrine Glands- such as Thyroid, Parathyroid, Pituitary, Pancreas and Adrenal glands and their management.	10		
				IIIrd term- Chikitsa Sutra and Management of Sexually Transmitted Diseases such as – Phiranga, Puyameha, Upadamsha, lymphogranuloma inguinale, Syphilis, Gonorrhoea	05
7	Dr. Patel H.D. Joining Date- 08-10-2021	IIInd term- Principles & Management of Nutritional deficiency disorders.		Vishwachi, Khalli, Khanja, Pangu, Padaharsha, Padadaha, Vatakantaka, Kroshtukashirsha, Udavarta, Kampavata, Dhatugata and Ashayagata Avarana Vata, other Vata Rogas, Parkinsonism.	
		IIIrd term- Introduction of general principles of maintenance of health and management of diseases of following systems of Medicine- Yoga, Naturopathy, Unani, Siddha, Physiotherapy and Rehabilitation.		IIInd term- Chikitsa sutra and management of Shukravaha srotas such as Klaibya, shukralpata, shukradosha, kshina shukra, dhwajabhanga	
				IIIrd term- Chikitsa Sutra and Management of Sexually Transmitted Diseases such as – Phiranga, Puyameha, Upadamsha, lymphogranuloma inguinale, Syphilis, Gonorrhoea	05
8	Dr. Thakare	Ist term- Chikitsa sutra and		IIInd term- Chikitsa Sutra and	

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	<p align="center">P.M Joining date- 05/01/2022</p>	<p>Management of the diseases of Udakavaha Srotas such as- Shotha, Jalodara, Trishna, Water & Electrolyte Imbalance</p>	<p>Management of Mamsavaha Srotas and Medovaha Srotas such as- Gandamala, Galaganda, Mamsashosha, Arbuda, Apachi, Prameha, Sthaulya, Karshya, Diabetes Mellitus, Dyslipidaemia</p>		
			<p>IIIrd term- Vajikarana- Derivation, definition, synonyms, necessity, benefits, importance of fertility, Symptoms of Shûkra (Semen), Vajikaran Dravya and Aushadhi. Properties, doses, methods of administration, ingredients and methods of formation of Rasayana & Vajikarana formulation. Classification and importance of Vajikarana Dravya</p>		




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