



CSMSS
Ayurved Mahavidyalaya & Rugnalaya
Kanchanwadi, Aurangabad




Prasuti Tautra Streerog Department

Pre-Operative SOP's –

- Written Consent of patient and relatives
- Nill By mouth from mid night
- Preparation of the part
- Soap Water Enema
- Inj. Xylocaine (2%) Sencsitivity Test
- Inj. Taxim 1 gm BD
- Inj. Genta 80 mg BD
- Inj Metrogyle 500mg TDS
- Watch for FHS (If ANC)
- Watch for TPR /BP
- Inform SOS




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Prasuti Tautra Streerog Department

Post-Operative SOP's

- Head low Position (If Spinal Anesthesia Given)
- Neck Raised in Left or Right Lateral position (If GA)
- NBM
- IV DNS 2 Unit
- IV RL 2 Unit with Pitocin 20 IU
- IV D5 % 1 Unit
- Inj. Taxim 1 gm BD IV
- Inj. Genta 80mg BD IV
- Inj. Metrogyl 500 mg TDS
- Inj. Dynapar SOS
- Inj. Emset SOS
- Inj. Pan D SoS
- Watch foe PV Bleeding
- Watch for TPR / BP
- Maintain Input output Chart
- Inform SOSO



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SOP'S of kalka Dharan:

Patient is received in Prasuti Tantra OPD. After checking of oxygen saturation & temperature at the entrance of hospital According to COVID situation.

1. General examination is done by Respective Consultant
2. Pt is registered in OPD register.
3. Consultant verifies the OPD case paper and write down her observation and treatment.
4. The procedure is done in OPD
5. Ask to patient to empty the bladder
6. Lithotomy position is given to the patient
7. Vulval toileting with betadin solution
8. P/S or P/V examination is done with all aseptic precaution
9. Drug (kalka) preparation is done According to diseases
10. After routine gynecological examination rule out nation any or PID all investigations should done
11. Snehan swedan
12. Local aseptic care
13. Sterile cloths is covered to abdomen
14. Medicated paste(Kalka) is covered with sterile gauze piece with thread
15. Tail or medicated ghee is used according to diseases
16. Medicated kalka is placed in to vagina
17. Give Instructions to the patient keep Kalka for 1 hrs to 2 hrs till the sensation of micturition
18. Remove the kalka by pulling the gauze thread
19. After the procedure ask to patient to lie in supine position for 10 min then allow to go.




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YONI PICHU

Definition- Dipping of a gauze piece in Taila or Ghrita and kept in vagina is called Yoni Pichu.

STANDARD OPERATING PROCEDURE

MATERIAL REQUIREMENT

- Sterile gloves
- Gauge piece
- Medicated oil/Ghrita
- Bowl

1) PURVA KARMA

- Take consent for the procedure and evaluate patient safety for before procedure as per pre procedure checklist
- Patient is advised to empty her bladder.
- Slightly warm Oil/Ghrita

2) PRADHANA KARMA

- Position-Dorsal position with thigh flexed.
- Sterile gauze piece will be dipped in medicated oil/Ghrita and then enter it in the vagina.




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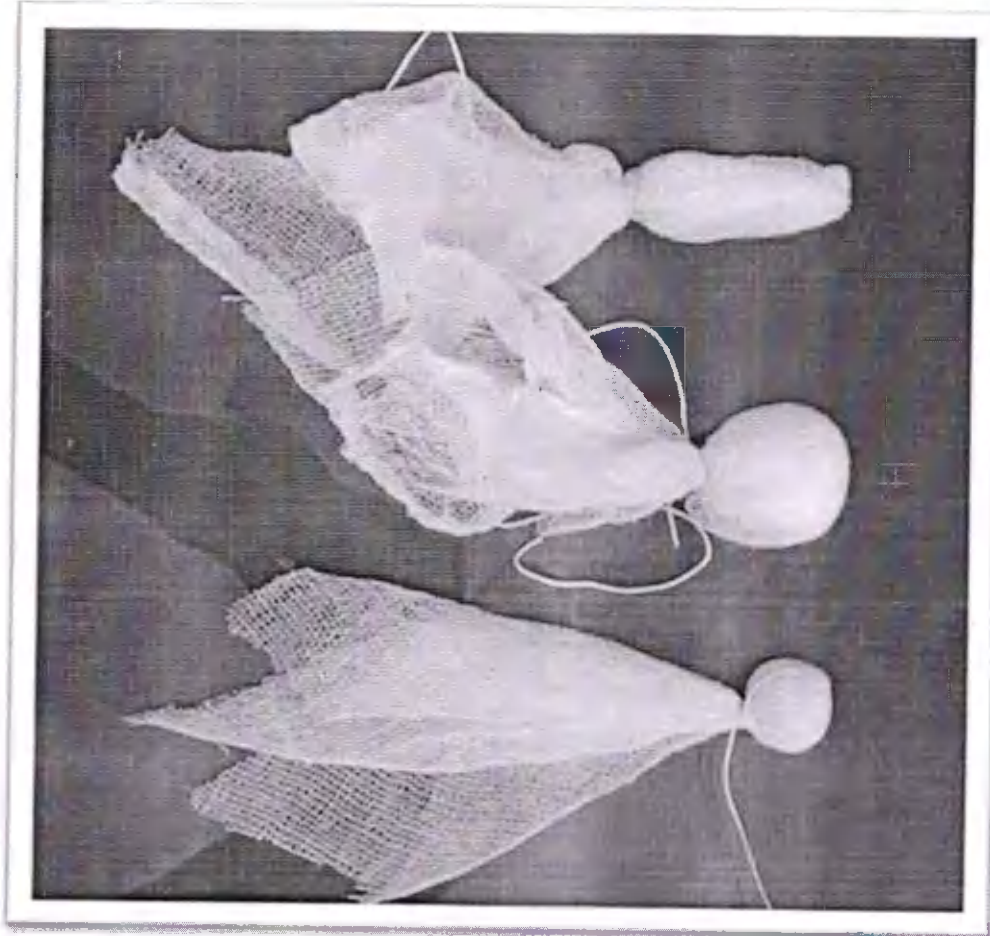


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3) PASHCHATA KARMA

- The gauze piece should be removed after 2-3 hours or when patient feels urine sensation
- Post procedure evaluation should be written in patient's file



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UTTARA BASTI

Uttara Basti is a procedure in which medicine in form of Taila/Ghrita is made to pass through Yoni in to Garbhasaya and through MutraMarga in to Mutrasata in female.

STANDARD OPERATING PROCEDURE

MATERIAL REQUIREMENT

- Sims speculum
- Anterior vaginal wall retractor
- Sponge holding forcep
- Vullselumforcep
- Uterine sound
- Uttara Basticanula
- Syringe
- Bowl
- Sterile gloves
- Gauze piece
- Cotton



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- Oil/Ghrita

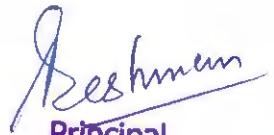
1) PURVA KARMA

- Take consent for the procedure and evaluate patient safety for before procedure as per pre procedure checklist Whole body Abhyanga with medicated oil (BalaTaila/ Narayana Tail) for 20 minutes.
- SarvangaBashpaSweda by Nirgundi Patra Kwatha for 10 minutes
- Yoni Prakshala with PanchavalkalaKwatha
- Prepare operation theatre trolley

2) PRADHANA KARMA

- Position-Lithotomy position
- Painting with antiseptic solution at vulva and vagina.
- Visualize cervix by using Sims speculum and anterior vaginal wall retractor.
- Catch the anterior lip of cervix by vullselumforcep.
- Determine length and position of uterus by uterine sound.
- Uttara Basticanula is introduced in the direction of uterine cavity, then 3/5 ml medicated Taila/Ghrita is injected with syringe from oyer side of canula
- Remove all instruments




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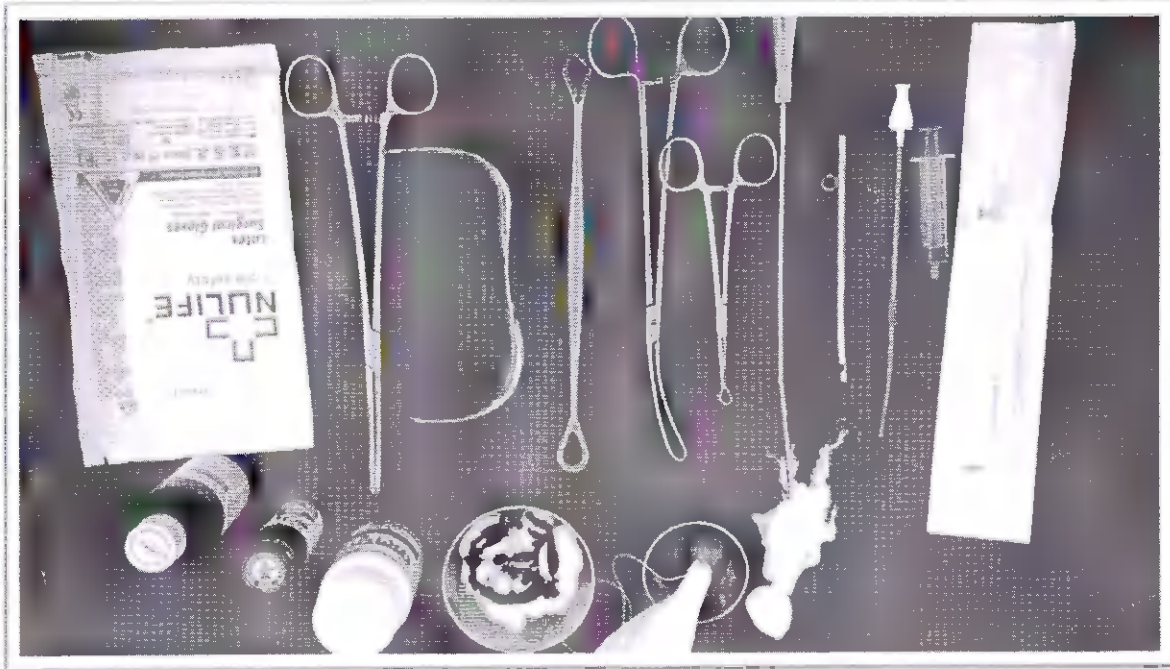


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3) PASHCHATA KARMA

- Patient is given head low position for 15 minutes
- Post procedure evaluation should be written in patient's file



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YONI PRAKSHALANA

This is the special procedure with which asepsis is produced. This can be correlated with irrigation of vagina or douche.

STANDARD OPERATING PROCEDURE

➤ Material requirement

- Sterile gloves
- Gauge piece
- Cotton
- Kwatha
- Douche Can
- Rubber tube
- * Vaginal nozzle
- Sponge holding forcep

1) PURVA KARMA

- Take consent for the procedure and evaluate patient safety for before procedure as per pre
- procedure checklist
- Patient is advised to empty her bladder.
- * Prepare Kwatha

2) PRADHANA KARMA

- Position-Dorsal position with thigh flexed.
- Vaginal nozzle will be inserted in vagina without lubrication.
- Then slowly wash with 500 ml medicated Kwatha in clockwise and anticlockwise direction.

3) PASHCHATA KARMA

- * Patient is advised to cough for expulsion of the remaining Kwatha from vagina.
- Clean the vulva and vagina with gauze piece
- Post procedure evaluation should be written in patient's file



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2. General examination is done by Respective Consultant
3. Patient is registered in OPD register.
4. Consultant verifies the OPD case paper and write down her observation and treatment.
5. The procedure is done in OPD
6. Patient is told to empty the bladder
7. Lithotomy position is given to the patient
8. Vulval toileting with betadine solution
9. P/S or P/V examination is done with all aseptic precaution Drug (kwatha) preparation is done According to diseases
10. In this procedure vaginal canal ,fornixes, cervix are washed with medicated Luke warm kwatha
11. 1000 ml kwatha is taken
12. Procedure is conducted in all aseptic precautation
13. Keep Patient in observation for halfhour
14. After that consultant reexamine the patient for all vital sign and allow to go.




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