



Estd : 1989
NCISM College Code : AYU0153
MUHS College Code : 3401

NAAC ACCREDITED WITH B++, NABH & ISO 21001:2018 CERTIFIED
छत्रपती शाहू महाराज शिक्षण संस्था संचलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



NAAC-Part -B- Criteria 8.1.11 (SHALAKYA-TANTRA)

KRIYAKALPA

INTRODUCTION-

We the Dept. of Shalakyatantra deal with the diseases and treatment of Uradhajatrugat vyadhi i.e. above the supra-sternal notch. It comprises diseases of Eye, Ear, Nose, Throat, Oro-dental Shiroroga.

The main treatment of these diseases includes oral or systemic medicine & Local treatment. Local treatment along with various medicinal forms is called as Kriyakalpa.

The common kriyakalpas practiced in our OPD & IPD of Shalakyatantra Dept are as follows according to site

1. NETRA (Eye)- Aschyotan, Netradhawan, Parishek, Netratarapan, Anjan, Raktamokshan, Shalyanirhan, Putpak.

Aschyotan –means putting eye drops in eyes.

Parishek- Pouring the medicinal decoction on closed eyes.

Netradhavan-Eye wash open eye is washed with kwath, Swaras, Normal saline etc.

Netratarpan- Putting medicated sneha Ghrith, vasa etc into eye with special methods as per ancient tools and recent tools like swimming goggles etc.

Putpaka- It is also like tarpan by using Swaras or decoction.

Pindi & Bidalaka- Pindi is putting medicated bolus of plant leaves on eye and Bidalak is applying the layer of medicine on closed eyes.


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These kriyakalpas routinely practised.

Demostration to Interns and IVth year students is given.

Patients are encouraged about the procedure benefits and all the procedure are thoroughly explained to patients and their relatives

Procedures like NASYA are called Ardha –Chikitsa in Urdhwajatrugata Vyadhi, which is routinely practiced here.

Also patient is educated to perform Nasya at home with all precautions.

Pratimarsh Nasya which can be practiced daily without any purvakarma is advised to patients .

Follow up of all the kriyakalpa (patients) procedures is followed as per the scientific guidelines and prompt record of these procedures is maintained.

2. KARNA(Ear)- Karnapooran, Karna Dhooan, Wax removal , Karna dhavan etc.
3. NASA (Nose)- Nasya –very important component of nasal treatment.
4. Mukharoga (Throat & oral cavity)- Mukh dhawan , Dhoompan , Raktamokshan etc.are routinely practiced in our Dept.

The procedures are performed as per the basic principles of Ayurved .Patients are educated to practice the minor elements at home . For certain procedures patient is convenes for admission.

For Kriyakalpa like SHIRODHARA, RAKTAMOKSHANA (Jalaukavacharana) help of Panchakarma Dept. is also taken.

Photographs,video clips are also taken as teaching material and for creating awareness about Ayurveda in society.

Dr. Ambarish
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Conclusions about Kriyakalpa

1. Ancient medical scholars were aware of mechanism of blood aqueous barrier as well as ocular pharmacology.
2. Putapaka is highly developed nanoconcept which is been used since thousands of years.
3. By pindi Bidalaka therapies Vasodilation and drainage of toxins from the site of lesion is possible.
4. Mostly used drugs in kriyakalpa are herbal .Anjanas are herbo mineral preparation.

BENEFITS:

1. Non surgical, Non invasive
2. Cost effective
3. Preventive and Curative
4. Effective in Ant. And Post. Segments diseases.



Reshman

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