



Estd : 1989  
NCISM College Code : AYU0153  
MUHS College Code : 3401

NAAC ACCREDITED WITH B++, NABH & ISO 21001:2018 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संचलित

# आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

## AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



### 8.1.3. Promotion of Seasonal Panchakarma Protocol

For public health values & health awareness department of Panchakarma promotes seasonal panchakarma and life style modification.

Department is practicing life style modification & seasonal Panchakarma. From the establishment of department, have designed three step protocol to perform panchakarma for health awareness and life style modification. Department has yearly assigned vasantik vamana shibir in vasant rutu & basti panchakarma shibir in varsha rutu. Department also have organized health awareness camps in educational institute and periphery villages.

#### The first step of protocol is:

- Planning panchakarma.
- Publicity through rural and urban areas through handbills & posters, newspapers and through articles.

#### The second step of protocol is:

- Inauguration of camp with the help of competent authority of institution & guest.
- To do health check-up throughout the day with prior registration.
- To perform the karma on the planned day.

#### The third step of protocol is:

- To give Patients instructions regarding dietary regimen.
- To follow pathya and apathya.
- To publish the program through the newspaper.

In winter season, the department of panchkarma is doing all allied panchakarma like massage, steam bath (snehan/swedan), each & every year. As per life modification plans, we are also doing murdhni tailam, pizichil, udvartanam, different pinda swedan, talpodichil, padabhyanga, netra tarpanam.



*[Signature]*  
Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's  
Ayurved Mahavidyalaya & Rugnalaya,  
Kanchanwadi, Chhatrapati Sambhajinagar.

Address : Kanchanwadi, Paithan Road, Chhatrapati Sambhajinagar- 431 011. (M.S.) कांचनवाडी, पैठण रोड, छत्रपती संभाजीनगर - ४३१ ०११ (एम.एस.)

Tel.: (0240) 2379248, 2646464, 2379035 Fax : (0240) 2646222.

Email : principal@csmsayurved.com, principalcsmsay@gmail.com, Website : www.csmsayurved.com

**CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S AYURVED MAHAVIDYALAYA & RUGNALAYA,  
KANCHANWADI, CHHATRAPATI SAMBHAJI NAGAR**

**STATEMENT OF OPD PANCHAKARMA KARMAS PATIENTS LIST FOR THE YEAR 2022-2023**

Sr. No.	Month	Snehan	Swedan	Vaman	Virechan	Basti	Nasya	Shirodhara	Shirobasti	Other	TOTAL
1	Jun-22	1020	1031	6	10	462	52	46	0	241	2868
2	Jul-22	1747	1784	1	23	827	87	123	0	409	5001
3	Aug-22	1766	1733	0	4	634	145	66	0	206	4554
4	Sep-22	1500	1530	0	0	599	148	84	0	327	4188
5	Oct-22	1244	1230	1	1	572	103	130	0	385	3666
6	Nov-22	1866	1857	2	2	889	220	140	0	665	5641
7	Dec-22	1970	1975	4	3	995	550	360	0	980	6837
8	Jan-23	1802	1790	10	30	780	275	140	0	195	5022
9	Feb-23	1902	1865	8	5	675	180	133	0	302	5070
10	Mar-23	1910	1852	6	10	618	256	108	0	391	5151
11	Apr-23	1785	1715	4	5	416	136	85	0	340	4486
12	May-23	1250	1190	0	4	450	175	94	0	435	3598
<b>Total</b>		<b>19762</b>	<b>19552</b>	<b>42</b>	<b>97</b>	<b>7917</b>	<b>2327</b>	<b>1509</b>	<b>0</b>	<b>4876</b>	<b>56082</b>

*W. N. D. K.*  
H.O.D. & Professor  
Dept. of Panchakarma  
Chhatrapati Shahu Maharaj Shikshan Sanstha's  
Ayurved Mahavidyalaya & Rugnalaya,  
Kanchanwadi, Aurangabad.



*D. S. M.*  
Principal  
Chhatrapati Shahu Maharaj Shikshan Sanstha's  
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1	Jun-22	978	985	2	8	162	127	23	0	382	2667
2	Jul-22	2049	2075	0	6	625	134	67	0	857	5813
3	Aug-22	1907	1907	0	1	599	219	131	0	547	5311
4	Sep-22	2019	2027	0	1	675	154	128	0	356	5360
5	Oct-22	1999	1999	0	0	600	202	136	0	534	5470
6	Nov-22	2104	2103	0	0	804	504	188	0	734	6437
7	Dec-22	2180	2187	0	0	955	608	280	0	835	7045
8	Jan-23	1871	1813	4	11	792	222	83	0	774	5570
9	Feb-23	1903	1875	0	14	361	110	129	0	584	4976
10	Mar-23	1775	1720	3	28	677	85	136	0	653	5077
11	Apr-23	1522	1502	2	14	578	65	115	0	445	4243
12	May-23	1422	1420	2	25	472	138	145	0	636	4260
<b>Total</b>		<b>21729</b>	<b>21613</b>	<b>13</b>	<b>108</b>	<b>7300</b>	<b>2568</b>	<b>1561</b>	<b>0</b>	<b>7337</b>	<b>62229</b>

*Wend*  
H.O.D. & Professor  
Dept. of Panchakarma  
Chhatrapati Shahu Maharaj Shikshan Sanstha's  
Ayurved Mahavidyalaya & Rugnalaya,  
Kanchanwadi, Aurangabad.



*Behmesh*  
Principal  
Chhatrapati Shahu Maharaj Shikshan Sanstha's  
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### Report o Kaumar Panchakarma (2022 – 2023)

Organized by – Kaumarbhritya Department

C.S.M.S.S. Ayurved Mahavidyalaya, Kanchanwadi, Chh. Sambhajinaga

To,

Principal,

C.S.M.S.S. Ayurved Mahavidyalaya, Kanchanwadi, Chh. Sambhajinagar.

Respected Sir,

Kaumar Panchakarma performed in year 2022 to 2023

Sr. No	Name of Panchakarma Procedure	No. Of Patient
1	Vamana	0
2	Virechana	0
3	Basti	107
4	Nasya	32
5	Raktamokshan	0
6	Snehan Swedan	111
7	Shirodhara	15
8	Pinda Sweda	27

*Prashman*  
Principal

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Kanchanwadi, Chhatrapati Sambhajinagar.

*[Signature]*

H.O.D.

Kaumarbhritya Department



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