



Estd : 1989  
NCISM College Code : AYU0153  
MUHS College Code : 3401

NAAC ACCREDITED WITH B++, NABH & ISO 21001:2018 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संचलित

# आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

## AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



### Details of activities towards maintenance of quality of Karma

Department of Panchakarma conducts following Panchakarma procedures

Snehan, Swedan, Vamana, Virechana, Basti, Nasya, & Raktamokshana etc. For quality treatment following points are noted.

- There is separate male & female Panchakarma section.
- There is good ventilation with all antiseptic precautions during procedures.
- Ecofriendly Panchakarma theatre is available
- There is separate male & female IPD section after Panchakarma.
- All equipment's used in procedures are in well condition, well autoclaved & sterile.
- Medicines are stored in airtight jars.
- All medicines are fresh, collected in recommended Rutas according to Samhita-Grantha.
- Ayurved Granthoktha siddha Taila Ghrita/choorna vati medicines are prepared in our Tulsi Pharmacy
- After Covid Pandemic all rules and regulations followed as per government guidelines

### Skill Development Programme of Therapist/ Nurses –

- Training program for therapist and Nurses are conducted after every 6 months to update their knowledge
- In this training we give information about preparation of kwatha swarasa, Kalka
- Information about Panchakarma procedures are given to the Therapist.
- Purva karma, Pradhan Karma & Paschat Karma precautions and their Adverse effects were informed
- Medicine doses and its side effects are explained.



*Jeebhav*

Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's  
Ayurved Mahavidyalaya & Rugnalaya,  
Kanchanwadi, Chhatrapati Sambhajanagar.





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### Details of activities towards maintenance of quality –

1 In Ayurveda & in specifically Balrog we can do following Panchakarma.

Mruduvirechana, Basti, Nasya, Shirodhara, Snehan, Swedan, Pindswed etc. For quality treatment following points should be noted.

- There should be separate Balrog Panchakarma section.
- There should be good ventilation with all antiseptic precautions during procedures.
- There should be separate male & female IPD section after Panchakarma.
- Well trained employs should be there under Consultant Doctors like therapists, wardboy, mawashi etc.
- All equipments used in procedures should be in condition & well autoclaved & sterile.
- Medicines like tablets, powders should be stored in airtight jars.
- All medicines should be fresh, collected in recommended Rutus according to Samhita-Grantha.
- Ayurvedokta siddha tailla, ghruta, medicines should be prepared according to Samhita-Granth.

### Details of training content, freq. of training, skill development programme of therapists.

- During orientation program of interns there should be lect. Arranged by Balrog Dept. for only Panchakarma in Kaumarbhryta & also one day workshop (practical view) foe intern. So they can be easily trained during internship in Balrog OPD.
- There should be certificate course for about 6 months for therapists. ( 3 mths lects + 3 mths practical ). So they can also train. We can improve our quality of treatment without any complications. After the completion of this course only therapists should be appointed.
- Three monthly training should be there for update knowledge.



*Principals*

Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's  
Ayurved Mahavidyalaya & Rugnalaya,  
Kanchanwadi, Chhatrapati Sambhajinagar.

Address : Kanchanwadi, Paithan Road, Chhatrapati Sambhajinagar- 431 014 (M.S.) काचनवाडी, पैठण रोड, छत्रपती संभाजीनगर - ४३१०१४ (एम एस)

Tel.: (0240) 2379248, 2646464, 2379035 Fax : (0240) 2646222.

Email : principal@csmsayurved.com, principalcsmsayu@gmail.com, Website : www.csmsayurved.com





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- There should be monthly meetings between Balrog Dept. staff & employer of Panchakarma.
- There should be educational trip or visit to another well-known Panchakarma Centre for enhancement of knowledge & quality of work.
- During workshop videos of proper Panchakarma procedure should be presented for staff & therapists.
- Research work related to Panchkarma should be allotted compulsory to each & every P.G. student.



*Reshman*  
Principal  
Chhatrapati Shahu Maharaj Shikshan Sanstha's  
Ayurved Mahavidyalaya & Rugnalaya,  
Kanchanwadi, Chhatrapati Sambhajinagar.