



Estd : 1989
NCISM College Code : AYU0153
MUHS College Code : 3401

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छत्रपती शाहू महाराज शिक्षण संस्था संचलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

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Annual Teaching Plan (ATP) For Theory Pre-PG

Department: - Kayachikitsa

Sub: Kayachikitsa

Year: 2023-24

Sr. No.	Name of Faculty	Name of Topic of Part A (in short)	Approx. Lect. Required	Name of Topic of Part B (in short)	Approx. Lect. Required	Approx. Total number of Lectures
1.	Dr. Deshmukh S.G.	-	-	-	-	-
2.	Dr.A.K.Burley Left August 2023	-	-	Emergency medicine: Acute Severe Asthma, pulmonary oedema, myocardial infarction, cerebro-vascular accidents, water and electrolyte imbalance, haemorrhage, syncope, seizure, coma, hyperpyrexia, hypertensive encephalopathy.	12	4
3.	Dr.Nimbalkar N.R.	01 Understanding of fundamental concepts of Kayachikitsa like Vriddhi and Kshaya of Dosha, Dushya, Mala with Amshaamsha Kalpana. Srotodushti, Khavaigunya, Agni, Ama (Saama and Nirama Dosha, Dhatu & Mala)	12	04, Basic knowledge of underlying principles of ECG, TMT, echo cardiography, vascular doppler studies, EEG, EMG, X-Ray, USG, CT scan, MRI, PET and their interpretation 05-Taila- Mahanarayana Taila, Pindataila, Prasarinyadi Taila, Ksheerabala Taila, Brihat Saindhavadi Taila, Panchaguna Taila, Amritadi Taila, Marichyadi Taila, Mahamasha Taila.	08 10	30
4.	Dr. Vitonde Y.A.	01 Aavarana, Rogamarga, Ashayapakarsha, Dosha Gati, Kriyakala. Aushadha Sevana Kala, Anupana, Pathya Apathya and their scientific relevance during	12	02 Emergency medicine: Acute Severe Asthma, pulmonary oedema, myocardial infarction, cerebro-vascular accidents, water and electrolyte imbalance,, -RASAUSHADHI Tabhuvanakirti Rasa, Argyavardhini Rasa	08 08	28

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		health and disease.		Shwasakuthara Rasa, Rasamanikya Rasa, Smritisagara Rasa, Lakshmivilasa Rasa, Sutshekhara Rasa, Pravala Panchamrita Parpati, Hemagarbhapottali Rasa., LEHA Chyavanaprasha Avaleha, Kushmanda Avaleha, Ashwagandha Avaleha, Agastya Hareetaki Rasayana, Drakshavaleha, Vasavaleha, Amrita- Bhallataka Rasayana.		
5.	Dr. Badarkhe A.M.	02 Detailed knowledge of Rogi Roga Pariksha including detailed history taking and systemic examination of patient. Clinical implementation of Chaturvidha Pariksha, Panchavidha Pariksha, Shadvidha Pariksha, Ashtavidha Pariksha, Dashvidha Parikshya Bhavas and Prakriyadi Dashvidha Pariksha.	12	03 Knowledge of conducting various medical procedures like infusions, tapping, lumbar puncture, Ryle's tube insertion, catheterization, tractions, water seal drainage, Cardio Pulmonary Ressucitation 05-VATI Sanjivani, Chandraprabha, Agnitundi, Chitrakadi, Khadiradi, Vyoshadi, Shankha Vati, Shiva Gutika. Guggula-Kalpana- Triphalaguggula, Kaishoraguggula, Trayodashangaguggula, Simhanadaguggula, Yogarajaguggula, Gokshuradi guggula, Kanchanaraguggula, GHRITA- Mahatriphaladi Ghrita, Brahmi Ghrita, Panchtikta Guggulu Ghrita, Sukumara Ghrita, Dadimadya Ghrita, Kantakari Ghrita, Kalyanaka Ghrita	06 08 07	33
6.	Dr. Patel H.D.	02 Detailed knowledge of Rogi Roga Pariksha including detailed history taking and	10	1. Chikitsa Siddhanta of Pranavaha, Annavaha, Udakavaha, Rasadi Dhatuvaha, Malavaha & Manovaha Srotovikara.,	12 06	28

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		systemic examination of patient. Clinical implementation of Dwividha Pariksha, Trividha Pariksha.		05-ASAVA ARISHTA- Amritarishta, Kanakasava, Chitrakasava, Saraswatarishta, Ashwagandharishta, Chandanasava		
7.	Dr. Thakare P.M.	03 Principles of Kayachikitsa in disease management including Shodhana, Shamana and Naimittika Rasayana	06	02-Emergency medicine: Acute Severe Asthma, pulmonary oedema, myocardial infarction, cerebro-vascular accidents, water and electrolyte imbalance, 05-KASHAYA- Dashamula, Rasnasaptaka, Asanadi, Pathyadi, Phalatrikadi, Punarnavashtaka, Gojivhadi, Mahamanjishthadi, Drakshadi Kashaya.	08 08	22
8.	Dr.Pardeshi P.R. Joining date- 05/10/2023	04 Introduction of the basic principles of Modern medicine, Homeopathy, Unani, Siddha, Tibetan Medicine, Yoga and Naturopathy and their relevance in light of the basic principles of Ayurvedic medicine	09	05- Churna- Triphala, Sitopaladi, Lavanbhaskara, Hingvashtaka, Avipattikara, Gangadhara, Shaddharana, Sudarshana, Panchasakara, Ajmodadi.	10	19

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Sub: Kayachikitsa

Year: 2023-24

Sr No.	Staff	Paper I	Paper II	Paper III	Paper IV
1	Dr. Nimbalkar N. R.	07 Ayurveda Dietetics: importance of Pathya I Apathya and Anupana.	Pranavahasrotas: Shwasa, Hikka, Kasa, Rajajakshma, Hrdroga, Parshwashoola, Urakhshata, Svarabheda Shukravahasrotas: Such as Klaivya, Dwajabhanga, Impotence.	06 Parasitic/Infective/Communicable disorders: Shlipada, Filariasis, Vishama Jvara, Malaria, Manthara Jwara, Enteric Fever, Dengue, Chickenpox, Measles, Influenza, Kalaazar, Mumps, Rabies, Poliomyelitis, Plague, Meningitis, Encephalitis, Chikungunya, HIV/AIDS, Common worm infestations., 11 Astonindhataya Purusha and their clinical relevance	01 Hospital management strategies, Infrastructure, Use of IT technology, essential manpower, equipment, patient care, management and coordination with contemporary health institutions and field institutions, 07 Knowledge of Geriatric care and terminal care management
2	Dr. Vitonde Y. A.	06 Elaborate knowledge of undertaking common medical procedures like Ryle's tube feeding, tapping, transfusions, catheterization, tractions, nebulizations, lumbar puncture, etc	Annavaahasrotas: Agnimandya, Ajirna, Aruchi, Amadosha, Amlapitta, Chhardi, Shoola Asthi-Majja vahasrotas: Asthikshaya, Sandhigatavata, Osteoarthritis, Osteopenia, Osteoporesis.	03 Manasavyadhi: - Unmada, Apasmara, Atatvabhinivesha, Mada, Moorcha, Sanyasa. Common psychiatric disorders: Classification of psychiatric ailments. Disorders of thought like Schizophrenia. Disorders of Mood like Mania, Depression. Neurosis, personality disorders, psychosexual disorders 10 Janapadodhvasma Vikara:- Environmental diseases Causes, Impact on human health and their management.	02 National health Campaigns of AYUSH and components under NRHM, 08 Basic knowledge of Gene therapy, stem cell therapy, Genetic modelling and chromosomal disorders.
3	Dr. Badarkhe A.M	04 National Health programs/ NRHM and prospective role of Ayurved services and therapeutic special	03 Udakvahasrotas: Trishna, Shotha, Udararog, water and electrolyte imbalance 10-Purishvahasrotas: Atisara, Pravahika, Anaha, Adhamaana, Krimi, Jidra, etc.	04 Metabolic disorders: Gout, Dyslipidaemia, Atherosclerosis, Metabolic Syndrome	03 Clinical research in Kayachikitsa and its application in clinical medicine as per new evidence base in different systemic disorders. 09 Radio isotopes, disease and tumor markers in diagnosis and assessment of therapy

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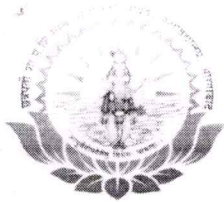
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		reference to kayachikitsa, Medical ethics, common laws and regulations applicable to clinical practice	Diarrhoeas, Dysentery, Ulcerative colitis, IBS, intestinal Worm infestation.		13 Application of emerging trends in panchakarma in medical management
4	Dr. Patel H.D.	03 Detailed Knowledge of Principles of Chikitsa in Ayurveda. Classification of Rogas, Types of Chikitsa. Principles and practices of Rasayana and Vajikarna. 08- Drug-drug interactions and adverse drug reactions, iatrogenic disorders.	04 Rasavaha srotas: Jwara, Amavata, Pandu, Madatyaya, Anaemias, Rheumatoid arthritis.	5. Endocrinal disorders: Disorders of Pituitary, Thyroid, Adrenal Medulla, Reproductive hormones., 08 Autoimmune diseases: Myopathies, Rheumatic fever, SLE	04 New emerging health challenges and ayurvedic medicines: Chikungunya, HIV/AIDS, Swine flu, Chickenflu, Dengue, Restless leg syndrome, Sick building syndrome, Fibromyalgia 10 Scope and methods of independent and collaborative research in Kayachikitsa
5	Dr. Thakare P.M.	Interpretation of investigations: ECG, Echo cardiography, TMT, Spirometry, X-ray, USG, CT-Scan, MRI, EEG, EMG, Etc in different pathological conditions	05 Raktavaha Srotas: Raktapitta, Kamala, Vatarakta, Kushtha, Kshudranga, Sheetpitta, Udarda, Kotha, Visarpa, Shvitra. Haemopoietic disorders, Bleeding and Coagulation disorders, Leukaemias, Thrombocytopenia, Disorders of Bone Marrow, Hepatobiliary	02 Sankramakroga: Sheetala, Masoorika, Updansha, Phiranga, Gonorrhoea, Chancroids, 09 Common poisonings and their management like Insecticide/Pesticide poisoning, Snake poisoning, vegetable and chemical poisoning, substance abuse	05 Role of Ayurveda in Immune-protection, immune-modulation and in management of other allergies and immunological disorders, 11 Disaster management strategies, 14 Physical medication and rehabilitation

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			disorders, Hepatitis, Cirrhosis, Cholecystitis, liver abscess, Jaundice, Dermatological disorders, Parasitic, infective, · Allergic, Auto immune skin disorders such as Psoriasis, Eczemas.		
6	Dr. Pardesi P.R.	Rogi-Roga Pariksha: Nidan Panchak. Trividha pariksha. Ashtavidhap ariksha. Dashvidhapa riksha in the light of recent advances. Clinical methods- Detailed history taking and patient examination, Shadang pariksha (Systemic examination) as per ayurveda and recent advances.	06 Mansa-Medovahasrotas: Medoroga, Sthaulya, Prameha, Galaganda, Gandamala, Urustambha, Diabetes mellitus, Obesity. 09 Mutravaha strotas: Mutrakricchra, Mutraghata, Ashmar i, Urinary disorders: UTI, Lithiasis, ARF, CRF† Uraemia, BPH.	01 Vata-Vyadhi: - Pakshavadha, Ekangvata Ardhanga Vata, Sarvanga Vata, Ananta Vata, Gata Vata, Gridhrasi, Ardita, Akshepaka, Apatantraka,, Vishvachi, Avabahuka, Avarana, Urustambha. Musculoskeletal disorders: Myopathies, Muscular dystrophies, LumbagoNeurological disorders: Neurodegenerative disorders like Alzeimer's, Parkinsonism, CVA, Neuropathies, Facial palsy, G B Syndrome, Motor Neuron Diseases, Epilepsy, Sciatic, 07 Neoplastic disorders and their management strategies. Role of Ayurvedic medicines cancer care including palliative care.	06 Indications of Importance of Organ transplantation, Ethical and legal issues involved 12 Application of emerging trends in Rasayana and Vajikarana

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