



Estd : 1989
NCISM College Code : AYU0153
MUHS College Code : 3401

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छत्रपती शाहू महाराज शिक्षण संस्था संचलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

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ATP (Annual Teaching Plan)

Subject: Rasashastra & Bhaishjaya Kalpana

Course: 2nd B.A.M.S. (Admitted in 2021-22)

Batch: Amle Batch (2023-2024)

First Term ATP				
PRACTICAL				
Sr. No.	FACULTY NAME	POINT (TOPIC)	PRACTICAL HOURS	CO
1)	Dr. Sachin N. Hirekar	2.Panchavidha Kashaya Kalpana & their Upakalpana Practicals 1.Swarasa Kalpana: Tulasi swarasa (Sharangdhar Samhita Madhyam Khanda 1/2),Ardraka Swarasa (Sharangdhar Samhita Madhyam Khanda 1/2), Vasaputapaka Swarasa (Sharangdhar Samhita Madhyam Khanda 1/22-23 & 34) 2. Kalka Kalpana: Nimba kalka (Sharangdhar Samhita Madhyam Khanda 5/1),Rasona Kalka (Sharangdhar Samhita Madhyam Khanda 5/1) 3. Kwatha Kalpana: Punarnavashtaka kwatha (Sharangdhar Samhita Madhyam Khanda 2/1-2, 78-79), Rasna Saptaka Kwatha (Sharangdhar Samhita Madhyam Khanda 2/1-2, 88-89) 4. Hima Kalpana: Dhanyaka Hima (Sharangdhar Samhita Madhyam Khanda 4/1, 7-8),Sarivadi Hima 5. Phanta Kalpana: Panchakola phanta (Sharangdhar Samhita Madhyam Khanda 3/1-2),Yashtimadhu phanta (AFI 1 Parishishta – 1,2/5 Paribhasha) 6. Churna Kalpana: Sitopaladi churna (AFI Part 1, Vol. 1 A, Pg. 348), Hingwastaka Churna (AFI Part 1, Vol. 1 A, Pg. 353) 7. Pramathya: Mustadi Pramathya (Sharangdhar Samhita Madhyam Khanda 2/ 152-153) 8. Paneeya Kalpana: Shadanga Paneeya (Sharangdhar Samhita Madhyam Khanda 2/ 159-160) 9. Mantha Kalpana: Kharjuradi Mantha (Sharangdhar Samhita Madhyam Khanda 3/9-10) 10. Panaka Kalpana: Chinchā Panaka (Bhaishajya Ratnavali Arochaka 18/34-35), Chandana Panaka 11. Ksheerapaka Kalpana: (Sharangdhar Samhita Madhyam Khanda 2/175-176), Arjuna	24	CO1, CO2.



Seshmures

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		Ksheera Paka - Chakradatta, Lashuna Ksheerapaka - Charaka Chikitsasthana 5/95 12. Udaka Kalpana : Tandulodaka (Sharangdhar Samhita Madhyam Khanda 1/28) Note: In each category if more than 1 practical are there any one or all may be performed.		
	Dr. Sachin N. Hirekar	3.Rasa Dravya Aushadhi Nirmana Practicals 2: Kharaliyarasayana :Ananda Bhairava Rasa(A.F.I. - I, Rasayoga, 20:3, Rasendrasarasangraha Jwaradhikara 2/103-105) /, Tribhuvana Keerti rasa(A.F.I. - I, Rasayoga, 20:20, rasamrita 9/80-81) 4. Kupipakwarasayana : Rasasindhura(A.F.I. - I, Kupipakwa Rasayana, 15:6, rasatarangini taranga 6/162-176) 5.Pottalirasayana :Rasagarbhapottali (Rasayogsagar dwitiyabhaga pottali rahasya page 582)	10	
2)	Dr. Tushar S. Dhawali	1.Paribhasha concept Based Practicals A) Dravya Paribhasha- Identification of drugs and their respective class (varga) B) Prakriya Paribhasha- 1.Swedana: Godanti Shodhana (A.F.I.-1,18:4 (Rasatarangini 11/238) Shankha Shodhana (A.F.I.-1,18:18(Rasatarangini 12/12/2) Kapardika shodhana (Rasatarangini 12/89) Guggulu Shodhana (Rasendra Sara Sangraha 1/386, Pg. 117 2. Mardana:Parada Samanya Shodhana (Ayurveda Prakasha 1/165) 3. Dhalana : Gandhaka Shodhana (A.F.I. 2 Parishishta - 2,9 Shodhana(Rasamrita 2, 3) Vanga Shodhana (A.F.I.-1,18:15 (Sharangadhara M.11/2) Yashada shodhana (Rasatarangini 19/99) 4. Nirvapa: Abhraka Shodhana (A.F.I.-1,18:1 (Rasatarangini 10/20) Tamra Shodhana (A.F.I.-1,18:5 (Ayurveda Prakasha 3/118) 5. Nirjaleekarana : Tankana Shodhana (A.F.I. 2 Parishishta - 2,15 Shodhana (Ayurveda Prakasha 2/244) Kankshi shodhana (A.F.I.-2, 14:3 (Ayurveda Prakasha 2 /258) 6. Bhavana: Hingula Shodhana (A.F.I. 2 Parishishta - 2 Shodhana (Rasamruta 1/54) 7. Bharjana: Gairika Shodhana (A.F.I. 2 Parishishta - 2,11 Shodhana (Rasaratna Samuchchaya 3/49) Hingu Shodhana (Bhavprakash Nighantu, Haritakyadi Varga, 1/101, Pg. 42) 8. Nimajjana/Sthapana: Vatsanabha shodhana (A.F.I. 2 Parishishta - 2,25 Shodhana (Rasamrita parishishta 8:145) 9. Jarana : Vanga Jaran (Ayurved Prakash 3/159) Vanga Bhasma (A.F.I.-1,18:15 (Rasamruta 3/94) 10. Murchana: Mugdha Rasa (Rasatarangini 6/9) Kajjali (A.F.I.- 1 Parishishta) 11. Paripalasha 21 (Rasatarangini 2/27) 11.	20	CO1, CO2, CO3, CO4.



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	Druti- Gandhaka Druti(Rasa Ratna Samuchchaya 3/29) C) Pramanikarana Paribhasha-1) Bhasma Samanya Pareeksha - Abhraka Bhasma (Ayurved Prakash 2/104) Shankha Bhasma (Rasaratnasamucchaya 8/26-30) 2) Bhasma Vishesha Pareeksha: Tamra Bhasma (Dadhi/ Nimbu Pariksha)- (Bhaishajya Kalpana Vigyan, Vd. Siddhinandan Mishra, Pg. 78) D) Namburi Phased Spot Test (NPST)		
Dr. Tushar S. Dhawali	3.Rasa Dravya Aushadhi Nirmana Practicals 1. Marana : Vanga Bhasma (A.F.I. - I, Bhasma, 18:15, Rasatarangini Taranga) / Sankha Bhasma:A.F.I. - I, Bhasma, 18:18, Rasatarangini taranga 12/2) 3. Parpati : Rasa Parpati(A.F.I. - I, Parpati, 16:3, Bhaishajyaratnavali grahanirogadhikara 414-416&436-440), Sweta Parpati(A.F.I. - II, Parpati, 12:2, siddhyogsangraha ashmarimutrakruchhaadhikara) 6. Rasa : Laghusutsekhararasa (Rasatantrasara avum siddhaprayogsangraha part-1, kharaliya rasayana page 274) 7. Loha: Navayasa loha(A.F.I. - II, lauha, 17:2, Charaka samhita chi.16/70-71)/, Saptamrita loha(A.F.I. - I, lauha, 21:11, Bhaishajyaratnavali shoolrogadhikara 83-84)	10	CO1, CO2, CO3.

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First Term ATP (Theory & NLH)					
PAPER – 1 st					
Sr. No.	FACULTY NAME	POINT (TOPIC)	LECTURE HOUR	NON LECTURE HOUR (NLH)	CO
1)	Dr. Sanjay J. Dahake	Point 6 (Paper-1 st) Kalpana Nirmana I (Primary & Secondary dosage forms) Definition, classification with suitable examples, reference ingredients, quantity, method of preparation, principle involved, instruments used in small and large scale production, siddhi lakshana, storage, shelf life, modern aspect of related preparation of the following Panchavidha Kashya Kalpana (Primary dosage forms): Swarasa, Kalka, Kwatha, Hima, Phanta Upaklpana (Secondary dosage forms): Kalka: Churna Kalpana Kwatha: Pramathya Kalpana, Paniya Kalpana, Ushnodaka, Ksheera Paka Kalpana, Laksha Rasa, Mamsa Rasa Hima Kalpana : Mantha Kalpana, Udaka Kalpana, Panaka Kalpana Phanta Kalpana: Arka	06	04	CO1, CO2, CO3, CO6.
	Dr. Sanjay J. Dahake	Point 7 (Paper-1 st) Kalpana Nirmana-II (Method of Preparation of different dosage forms & Dietary Supplements) Avaleha Definition, reference, essential ingredients, general method of preparation, specific rules of avaleha preparation, importance of temperature, siddhi lakshana, shelf life	05	04	CO1, CO3, CO4, CO5.



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		with examples i.e Vasavaleha, Kushmanda avaleha, research updates on Avaleha Kalpana, market survey Sneha Kalpana Aims of Sneha Kalpana, definition,reference, essential ingredients, general method of preparation, specific rules of sneha preparation, importance of temperature, gritha murchana, taila murchana, sneha siddhi lakshana, types of snehapaka, Patra(Gandha Paka), time duration to cook sneha preparation, shelf life with examples Phala grita and			
2)	Dr. Sachin N. Hirekar	Point 1 (Paper-1st) Chronological development of Ayurvediya Aushadhi Nirmana Definition, chronological development, significance and scope of Rasashastra and Bhaishajya Kalpana. Concept of Rasashala , Rasa-mandapa and Bsheshajagara Concept of Rasā-Rasayana Briefing on Indians are first to prepare metal based medicines and Recent development in Ayurvedic Pharmaceuticals.	02	01	CO1
	Dr. Sachin N. Hirekar	Point 4 (Paper-1st) Yantropakaranani- I (Equipments and machineries) Principles involved, currently used yantras, their correlation, utility, and Instruments used in Large scale Production Dola Yantra Valuka Yantra Puta Yantra Khalwa Yantra Patana Yantra Darvika Yantra Ulukhala Yantra Patala Yantra Kupi Yantra Arkapatana Yantra Pithara Yantra	06	04	CO1, CO5.
	Dr. Sachin N. Hirekar	Point 5 (Paper-1st) Yantropakaranani -II (Equipments, fuel and Heating Devices) Principle involved, importance of temperature, currently used heating devices utility, quantum of heat and Instruments used in Large scale Production PutaChandra Puta Surya Puta Maha Puta Gaja Puta Varaha Puta Kukkuta Puta Kapota Puta Lavak Puta Budhar Puta Gorvara Puta Valuka Puta Kumbha / Bhandra Puta Musha Samanya Musha Crucibles- Silica Mudra Sandhi Bandhan Material KoshtchiChullika Angar Koshtchi Satwapatan Bhrashtri Gas Stove Hot Plate Heating Mantle Induction Stove Hot Air Oven Muffle Furnace- Horizontal and Vertical Heating MaterialSolid- Kashtha, coal(wooden / stone), Kshara, Lavana, Valuka, Shakrit, Dhanya Drava- Jala/ steam, Taila Indirect heating- Dhanya Rashi, Bhugarbha	05	04	CO1, CO2, CO3, CO5.



Sachin Hirekar

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		sthapana			
3)	Dr. Tushar S. Dhawali	<p>Point 2 Paribhasha (Terminology) (Paper-1st) 1. Definition and Importance of Paribhasha 2. Word Derivation- Aushadha, Bheshaja, Kalpana, Kashaya, Pancha kashaya Yoni, Samskara 3. Dravya/Varga Paribhasha- (Classical Names, English names, Chemical Composition/ Formula) A) Rasa, Maharasa, Uparasa, Dhaturvarga, Upadhatu, Ratna, Uparatna, Sudhavarga, Sikatavarga, Lavanavarga, Visha, Upavisha, Kajjali, Mitrpanchaka, Dravaka Gana, B) Sandigdha(Contraversial): Vaikranta, Chapala, Rasanjana, Pushpanjana, Vahnijara, Girisindura, Kankushtha. C) Anupalabdha (Not Available): Rasaka, Sauviranjana D) Krutrima (Artificial): Sasyaka, Gandhaka, Kasisa, Rasanjana, Hingula E) Pratinidhi (Substitute) : Vajrabhave Vaikranta, Suvarna- Suvarna Makshika 4. Prakriya Paribhasha- A) Shodhana: Types of Shodhana, Samanya Shodhana, Vishesh Shodhana, Different techniques used for Shodhana, Swedana, Mardana, Dhalana, Nirvapa, Nirjaleekarana, Nimajjana, Bhavana, Bharjana B) Marana,: Definition, Importance of Marana, Types of Marana- Agnipaka Method, Putapaka Method, Kupipakwa Method, Bhanupaka Method, Swanga Sheeta C) Amrutikarana, Lohitikarana D) Sattvapata, Shuddhavarta, Beejavarta E) Druti: Definition, Druti lakshana F) Parada Samskara: Definition, Importance, Ashtasamskara Parada Jaranaa, Murchchhana, Names of Parad-Bandhas 5) Pramanikarana Paribhasha (Terms for Standardization)- A) Grahy-Agrahyattva, Siddhilakshana B) Bhasma pariksha: Varitara, Rekhapurnata, Unama, Slakshnattva, Sukshma, Anjana Sannibha, Dantagre na Kachakacha Bhavati, Varna, Avami, Apunarbhava, Niruttha, Gata Rasattva, Nischandrattva, Niramlattva, Nirdhumattva, Jihvagre adahyamanattva, Dadhi/ Nimbu Pariksha, 6) Puraka Paribhasha (Supplementary)- Rudra Bhaga, Dhanvantari Bhaga 7) Mana-Paribhasha- A) Definition, Classical Types B) Classical and Modern- Conversion chart as per AFI, Scientific Metrology C) Essential Kala- mana.</p>	08	04	CO1, CO2, CO3, CO6.
	Dr. Tushar S. Dhawali	<p>Point 3 Adharbhuta Siddhanta (Application of fundamental principles) Dravya Sangrha and Samrakshana, Name of drug Collection • General Rules • Specific</p>	04	02	CO1, CO2.



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	<p>time for specific plant part collection • Time of the day for drug collection • Collection of Pranjia Dravya • Place of Drug collection Bhumi mahabhuta predominance • Places from where drugs should not be collected • Stage of drug collection • Rule of Duplication(Dwiguna Mana Ganana) • Ardra and Shushka Dravya mana • Dravya Sangraha Vidhi and Dravya samrakshana • Rasa, Guna, Virya ,Vipaka, PrabhavaAnukta Visheshokta grahana: Considering Anukta_Dravya . Aushadha Namakarana: Naming a Preparation Aushadha Sevana Kala: Time of Drug Administration Saveeryata Avadhi (Shelf life of different kalpana) Aushadha Matra: Dosage / Posology Anupana & Sahapana (Adjuvant) Yougika Dravya Siddhanta(Drug Combination)</p>			
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PAPER – 2 nd					
Sr. No.	FACULTY NAME	POINT (TOPIC)	LECTURE HOUR	NON LECTURE HOUR (NLH)	CO
1)	Dr. Sanjay J. Dahake	Point 15 (Paper 2 nd) 1.Aushadhi Prayoga Vigyana Introduction, Ethymology, Scope of Aushadhi Prayoga vigyanaPrashastha bsheshaja Lakshana	01	02	CO1
2)	Dr. Tushar S. Dhawali	Point 16 (Paper 2 nd) 2.Single drug (Herbal & Mineral) Single drug its variety of formulations and their different indications• Chemical/phytochemical composition • Pharmacodynamics and pharmacokinetics as per formulation • Therapeutic properties • Awasthanusara Uses(as applicable) • Matra • Anupana • Pathyapathya • Sevana Kala • Kala maryada (duration of medication as applicable) • Side effects of medication (as applicable). • Research updates and clinical evidences for each of the following formulations Guduchi Guduchi Swarasa (Sha.Sam.Ma. Kh. Chp1/7 page 138) Guduchyadi Churna (B.R.	08	02	CO1, CO2, CO3, CO4, CO5, CO6.

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	<p>Pleehayakrut Rogdhikara) Guduchi Kwatha (B.R. Jwaradhikara) Guduchi Hima (B.R. Chardi Rogadhikara) Guduchi Ghana- Samshamani Vati (AFI Part II Page 183) Guduchi Satva (AFI-Part I, Page 205) Amrutadi Guggulu (AFI-Part III, Page 107) Amritarishta (AFI Part I page 6) Amalaki Amalaki Swarasa (Sha.Sam.Ma.Kha.) Amalakyadi Churna (Sha.Sam.M.Kha. Churna kalpana) Triphala Rasayana (Cha.Chi. Rasayana Adhyaya) Chyavanaprasha (AFI Part I page 37) Dhatri Lauha (AFI Part I Page 284) Amalakyadi Gutika (Sha.Sam.Ma.Kha.Vati Kalpana) Phalatrikadi Kwatha (Sha.Sam.Ma.Kha.Kwatha Kalpana) Triphala Ghrita (Sha.Sam.Ma.Kha. Ghrita Kalpana)</p> <p>Bhallataka Bhallataka Modaka (B.R. Pleeha-Yakrit Rogadhikara) Bhallataka Ghrita (B.R. Gulma Rogadhikara) Bhallataka Guda (B.R. Arsha Rogadhikara) Bhallatakadi Taila (B.R. Nadivrina Rogadhikara) Bhallataka Avaleha (B.R. Arsha Rogadhikara) Bhallatakadi Lepa (B.R. Kushta Rogadhikara) Bhallatakadi Kwatha (B.R. Urusthabha Rogadhikara) Note: For Bhallataka additional ashuddha, avidhi sevanajanya vyadhi and their shantyupaya</p> <p>Gandhaka Gandhaka churna (SY page 217) Gandhaka Rasayana (AFI-Part II, Page 115) Gandhaka Druti (RRR 3rd Chapter) Gandhaka Taila (R.T. 8th Chapter) Gandhakadya Malahara (AFI-Part II, Page 165) Gandhakadi Lepa (RRS Shiroroga Chikitsa) Gandhaka Vati (B.R. Agnimandya Rogadhikara)</p> <p>Gairika Gairika Pradeha (Cha.Chi. Visarpa Rogadhyaya Laghusuta shekhara Rasa (AFI Part II Page 282) Gairikadya Malahara (AFI-Part III, Page 224) Gairikadya Gutikanjana (B.R. Netraroga) Gairika rasakriya (Cha.Chi.26/235) Varnakara lepa (Cha.Chi.25/117)</p>			
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