



Estd : 1989
NCISM College Code : AYU0153
MUHS College Code : 3401

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छत्रपती शाहू महाराज शिक्षण संस्था संचलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

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Annually Teaching Plan (ATP) For Theory UG

First Term Year: 2023-24

Sr. No.	Name of Faculty	Name of Topic of Paper – I (in short)	Appro x. Lect. Required	Name of Topic of Paper – II (in short)	Appro x. Lect. Required	Total number of Lectures
1.	Dr. A.K.Burley			1 Agnimandya, Aruchi, Ajirna,	03	21
				2 Anaha, Atopa, Adhmana,	03	
				3 Alasaka, Vilambika, Visuchika,	03	
				4 Chardi, Grahani, Amlapitta,	03	
				5 Gulma, Shoola, Bhasmaka, Acid peptic disorders.	06	
2.	Dr. N.R. Nimbalkar	1 Lina Dosha Chikitsa, Avarana Dosha, Dhatu Pradoshaja diseases,	04	1 Principles of treatment and management of Vata Vyadhi	03	26
		2 Importance of Dosha, Dushya , Bala, etc and stage of diseases in treating them.	02	2 Pakshavadha, Ekangavata,	03	
		3 Chikitsa Sutra & Management of 'Samanyaja & Nanatmaja' diseases.	01	3 Sarvangavata, Ardita,	03	
		4 Somatoform and Mood disorders, Stress induced disorders, Psychosexual Disorders. Importance of Daivavyapashraya Sattwavajaya	03	4 Avbahuka, Kati Graha,	03	

Jeebhankar

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		Adravyabhuta Chikitsa.				
		5 Medhya Rasayana in the management of Manasa Roga. Bhuta Vidya diagnosis and management of graha disorders.(Topic from IIIrd Term)	01	5 Manyastambha, Gridhrasi.	03	
3.	Dr. Y.A. Vitonde	1 Dvividhopakrama	01	1 Pranavaha Srotas - Introduction Kasa	02	20
		2. Shadavidhopakrama	01	2, Shwasa, Hikka, Rajayakshma,	04	
		3. Aushadha matra, Sevan kaala and Anupana,	01	3 Urakshata, Parshwashoola,	03	
		4 Pathyapathya.	01	4 Bronchitis, Bronchiectasis	03	
		5		5 Emphysema and COPDs.	03	

4.	Dr. A.M. Badarkhe	1 Derivation, definitions, synonyms of 'Kaya', 'Chikitsa' & Kayachikitsa.	02	1 Urusthambha, Gullian Barrie syndrome,	02	24
		2 Definition, types & details of 'Bheshaja & Chikitsa, Prakar	03	2 Muscular Dystrophy, Myasthenia Gravis.	02	
		3Chikitsa Chatushpada,	01	3 Motor Neuron Diseases and Neuralgia.	03	
		4 Rogi Roga Pariksha Siddhantha.	03	4 National Health Programmes & relevant Ayurvedic Management of - Malaria, Filariasis, Kala Azar. (Third Term Topic)	03	

Dr. A.M. Badarkhe

Principal

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		5 Astasthan Pariksha	02	5 Leprosy, Tuberculosis, AIDS. (Third Term Topic)	03	
5.	Dr. Thakare	1 Importance of Kriya Kaala according to stages of Dosha	06	Introduction to Udakavaha Srotas	01	19
		2 Introduction of general principles Yoga, Naturopathy, Unani,	02	Shotha,	01	
		3 Siddha, (Topic from IIIrd Term)	01	Jalodara,	01	
		4 Physiotherapy and Rehabilitation.	01	Trishna,	01	
		5		Water & Electrolyte Imbalance.	04	
6.	Dr. H. D .Patel	1 Derivation of the term Manas, its Sthana, Guna & Karma.	04	Kama, Krodha, Bhaya, Moha, Mada, Matsar, Shoka, Vishad, Dainya,	04	44
		2 Types & Parts of Personality	04	Vishad, Dainya, Harsha & Pragyaparadha.	02	
		3 Depression, Anxiety & Anxiety Disorders	04	Concept of Vata Vyadhis	02	
		4 Schizophrenia, OCD, Mania	04	Vishwachi, Khalli, Khanja, Pangu,	03	
		5 Samanya Chikitsa Siddhanta of Manas Roga.	02	Udarvarta, Kampavata, Dhatugat & Ashaygat Avarana Vata, other vat rogas, Parkinsonism.	07	

Dr. H. D. Patel

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Year: 2023-24

Second Term

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1.	Dr. A.K.Burley			Typhoid,	01	06
				Pneumonia	01	
				Pleurisy	01	
				Influenza	01	
				Meningitis, Encephalitis	02	
2.	Dr. N.R. Nimbalkar	Dengue Fever	01	Mutrakricha	01	12
		Chikun Guniya	01	Mutraghata	01	
		Leptospirosis., Anthrax	01	Ashmari.,Cystitis	01	
		Plague	01	Nephrotic Syndrome	02	
		Masurika (Small pox), Laghu Masurika	01	Renal Failure.	02	
3.	Dr. Y.A. Vitonde	Vardhakyajanita vikara	02	Atisara,	02	18
		Indriyapradoshjoa vikara	02	Pravahika, IBS	02	
		Alzhiemer's Disease,	01	Arsha	02	
		Sleep disorders,	02	Purishaj Krimi,	02	
		General debility.	01	Ulcerative Colitis.	02	

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4.	Dr. A.M. Badarkhe	Pandu	03	Asthimajja Vidradhi	02	24
		Anaemia				
		Amavata Rheumatoid arthritis	03	Asthisousharya	02	
		Madatyaya,	02	Asthi kshaya, Sandhigata Vata	02	
		Hridroga, Hypertension,	04	Osteo Arthritis, Osteomyelitis	04	
		Hridshoola,	01	Osteoporosis, Osteopenia.	02	
5.	Dr. Thakare	Introduction Nutritional Disorders	01	Gandamala, Galaganda,	02	20
		Nutritional Deficiency Cuases	01	Mamsashosha, Arbuda, Apachi,	01	
		Marasmus	01	Prameha, Diabetes Mellitus,	04	
		Kwashiorkar.	02	Sthaulya,, Dyslipidaemia	03	
		Vitamin Deficiency Disorders	03	Karshya	02	
6.	Dr. H. D .Patel	Genetic Disorders	02	Chikitsa sutra and management of Shukravaha srotas	01	19
		Environmental Disorders	04	Klaibya	02	
		Iatrogenic factors	02	shukradosha	02	
		Disorders due to drug and Food	02	Shukralpata, kshina shukra,	02	
		allergic conditions,	01	dhwajabhanga.	01	

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Year: 2023-24

Third Term

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01	Dr. N.R. Nimbalkar	Vyadhi Kshamatwa	03	Importance of Daivavyapashraya, Sattwavajaya	02	17
		Hinata (Immuno deficiency disorders)	03	Adravyabhuta Chikitsa	01	
		Auto Immune Disorders.	04	Medhya Rasayana in the management of Manasa Roga	02	
		-		Bhuta Vidya diagnosis and management of graha disorders.	02	
02	Dr. Y.A. Vitonde	Chikitsa sutra and Management of the diseases of Raktavaha Srotas such as - Raktapitta,	02	Manas and Manovahasrotas, Nidana and Chikitsa of the following disorders – Unmada-	02	18
		Kamala, Kumbhakamala, Halimaka	02	Apasmara- Atattvabhinivesha, ,	02	
		Daha, Mada, Murcha, Sanyasa, Vatarakta,	02	Chittodvega, Vishada, Anxiety disorders	01	
		Plihadosha, Yakrut dosha, Haemolytic disorders, Hepatitis	02	Depression, Somatoform and Mood disorders,	01	
		Cirrhosis of Liver, Leukaemia	02	Stress induced disorders, Psychosexual Disorders	01	
		Kushta, Shvitra, Visarpa, Sheetaapitta, Uardara, Kotha and Kshudra Roga	02	-	-	

Jeshmas
Principal

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03	Dr. A.M. Badarkhe	Knowledge of National Health Programmes and the relevant Ayurvedic Management of the following diseases enlisted by World Health Organisation- Malaria,	02	Derivation, definition and synonyms of Rasayana, importance of Rasayana and its benefits. Indications of Rasayana therapy. Classification of Rasayana.	02	24
		Knowledge of National Health Programmes and the relevant Ayurvedic Management of the following diseases enlisted by World Health Organisation- Filaria	02	Kutipraveshika and Vatatapika Rasayana. Indications of Vatatapika Rasayana. Knowledge of Kayakalpa, Achara Rasayana.	02	
		Knowledge of National Health Programmes and the relevant Ayurvedic Management of the following diseases enlisted by World Health Organisation Kala Azar, Leprosy	02	Procedures of Kutipraveshika, Poorvakarma and specific schedules to be followed after Kutipravesha, benefits of Kutipraveshika Rasayana, duration of process, Rasayana yoga and directions for their use.	02	
		Knowledge of National Health Programmes and the relevant Ayurvedic Management of the following diseases enlisted by World Health Organisation Tuberculosis	03	Determination of dose of Rasayana according to age. Rules and regulation after Rasayana therapy,	01	
		Knowledge of National Health Programmes and the relevant Ayurvedic Management of the following diseases enlisted by World Health Organisation AIDS	02	Importance of Immunomodulators and antioxidants in Rasayana therapy	02	
		Acute Haemorrhage, Hypertensive Emergencies, Acute abdominal pain (Renal)		Phiranga, Puyameha, badamsha, Phlogranuloma in genitale, Syphilis,		

Reshma

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Reshma

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		colic, Biliary colic, Gastritis, Pancreatitis, Peritonitis and Appendicitis), Acute Abdomen. Anuria/Oliguria		Gonorrhoea.		
04	Dr. Thakare	Introduction of general principles of maintenance of health and management of diseases of following systems of Medicine-Yoga,	01	Vajikarana-Derivation, definition, synonyms, necessity, benefits.	01	10
		Naturopathy	01	importance of fertility, Symptoms of Shûkra (Semen)	01	
		Unani	01	Vajikaran Dravya and Aushadhi. Properties, doses, methods of administration	01	
		Siddha	01	Ingredients and methods of formation of Rasayana & Vajikarana formulation.	01	
		Physiotherapy and Rehabilitation	01	Classification and importance of Vajikarana Dravya	01	
05	Dr. H. D .Patel	Diseases of different Endocrine Glands- such as Thyroid gland	04	Chikitsa Sutra and Management of Sexually Transmitted Diseases such as – Phiranga	02	19
		Diseases of Parathyroid gland and management.	02	Puyameha, Upadamsha	02	
		Diseases of Pituitary gland and management.	03	Lymphogranuloma inguinale	02	
		Diseases of Pancreas gland and management.	02	Syphilis	02	
		Adrenal glands and management.	02	Gonorrhoea	02	

Reshmi

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