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छत्रपती शाहू महाराज शिक्षण संस्था संचलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



Estd : 1989
NCISM College Code : AYU0153
MUHS College Code : 3401

**Institution facilitates building and sustenance of innate talent
/aptitude of individual students**

ACTIVITY INDEX

1	Details about Student Activities
2	Annual Social Gathering Students Committees
3	Cultural And Sports Activities
4	Activities-Celebration of International Yoga Day
5.	Yoga – Championship - Haryana
6.	Jignasa – Yoga Conference Student Activity



Principal
Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar.



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2.2.3 Institution facilitates building and sustenance of innate talent /aptitude of individual students (extramural activities/beyond the classroom activities such as student clubs, cultural societies, etc.)

The college authorities and faculties motivate the students to arrange, conduct and to take part in different cultural and sports activities and also promote them to take part in sports, Yoga and Cultural activity competitions held in other colleges, universities and at State, National and International levels.

The Annual Social Gathering i.e. Arambh 2k24 of the Institute was organized from 31 to 07/04/2024. Various student committees were formed.

On 31/03/2023 at Narveer Tanaji Malusare stadium, various Sports like Outdoor sports – Cricket, Volleyball; Indoor sports activities like Carom, Chess, and Badminton were played.

On 4TH March Granth Dindi, Lezim, Act Symboling Ayurveda avtranam & Flash mob was organized.

On date 05/04/2024 Fishpond, Reels and Cultural event included Drama, Singing & Dances was organized.

On 06/04/2024 Fashion show and prize distribution program was held.

On 07/04/2024 a small enjoyment event funfair & general program was conducted which involved Food Stall, Games stalls, art gallery was held. Also Garbha night was also held on same day.

In Institution there is regular yoga activity which is conducted by Swasthawritta Department.



Reshmesh
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Annual Social Gathering Student Committees 2023-24

SR. NO.	COMMITTEE NAME	STUDENT NAME
	General Secretary (Gs)	Namita Pawar
	Vice General Secretary (Vgs)	Ashwini Lagad
1.	Inauguration Committee	1. Amit Nikam 2. Nikita Adbalwar 3. Kirti Sakhare 4. Tejaswini Tanpure 5. Krushna Phad 6. Prajkta Chavhan 7. Rushikesh Chavhan 8. Rahul Andure
2.	Finance Committee	1. Rahul Andure 2. Ashwini Lagad 3. Namita Pawar
3.	Prize distribution committee	1. Pranit Telap 2. Dhiraj Nikam 3. Krushna Phad
4.	Decoration Committee	1. Ashwini Lagad 2. Takshashila Bansode 3. Anjali Chiwatewar 4. Krushna Phad 5. Prajkta Chavhan 6. Rushikesh Chavhan 7. Namita Pawar 8. Shweta Mule



Areshman

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		9. Rutuja Parbhane
		10. Rupali Damle
		11. Pratiksha Gawande
		12. Pavan Takle
		13. Pavan Jagtap
		14. Mehavish Shaikh
5.	Rose Day Committee	1. Priyanka Gawande
		2. Nikita Gawande
		3. Shrikant Mote
		4. Pavan Takle
6.	Fishpond Committee	1. Mehavish Shaikh
		2. Prajkta Chavhan
		3. Rushikesh Chavhan
		4. Rupali Damle
		5. Rutuja Parbhane
7.	Fashion Show Committee	1. Aishwarya Jadhav
		2. Swapnil Bhusagare
		3. Yogesh Sontakke
		4. Sandip Khetri
		5. Snehal Tribhuvan
		6. Pradnya Bhange
		7. Yashoda Chaudhary
		8. Trupti Bhusagare
8.	Cultural Night Committee	1. Ravindra Giri
		2. Sonal patil
		3. Mahesh Mhaske
		4. Saiprasad Ghatkar
		5. Ashwini lagad



[Signature]

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9.	Fun fair committee	6. Rahul Andure		
		7. Shrikant Mote		
		8. Rajashri Chavhan		
		9. Shravani Kulkarni		
		1. Ashwini Deshamukh		
		2. Chhatrapati Bodkhe		
		3. Pratiksha Gawande		
		4. Nikita Gawande		
		5. Pratiksha Borude		
		6. Rushikesh Rathod		
		7. Shubhangi Ingole		
		10.	Dinner Night Committee	1. Radhika Deshamukh
				2. Sampada Nikam
3. Dhiraj Nikam				
4. Aishwarya Patange				
5. Krushna Phad				
11.	Dandiya Night Committee	1. Sachin Kale		
		2. Gopal Kawale		
		3. Ganesh Bhandare		
		4. Sandip Mahajan		
		5. Madhuri Gavhad		
		6. Shradhha Kale		
		7. Swapnil Bhusagare		
		8. Tejaswini Tanpure		
12.	Sports Committee	1. Pavan Jagtap		
		2. Rushikesh Rathod		
		3. Soham Bhendekar		
		4. Rajeshri Chavhan		



Reshma

Principal

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	5.Pooja Neel
	6.Monika Ingole
	7.Vicky Mane
	8.Rupesh Shinde
	9.Pratiksha Lonkar



Pratiksha Lonkar

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Date: 21/06/2023

To,
The Director,
Directorate of AYUSH,
Maharashtra State,
Mumbai.

Sub: 21/06/2023-Regarding celebration of 9th International Yoga Day.

Ref: Letter from Hon. Director, Directorate of AYUSH Maharashtra State
Mumbai. F.No. S-16030/1/2023-NAM I/61900/2023.

Respected Sir,

With reference from above letter dated 23/03/2023 here with submitting report of
celebration of 9TH International Yoga Day conducted at C.S.M.S.S. Ayurved Mahavidyalaya,
Chhatrapati Sambhaji Nagar.

Sr. No.	Programme	Date	Details/	Photo No.
1	Pre Yoga Day Practice Session	13/06/2023 to 20/06/2023	Dr.Lata Rathod &Rupa Jadhav(yoga teacher) No. of Participants- 50-60/day	01
2	Essay Competition	14/06/2023	No. of Participants -20-22 Winners-1.Manasi Achwale 2.Vaishnavi Bhawar	02
3	Video Competition	15/06/2023	No. of Participants -15 Winners-1.Radha Rakshe 2.Shivraj Deshmukh	03
4	Guest Lecture	16/06/2023	Topic- Yoga For Students Speaker -Dr.Rojekar No. of Participants- 200	04
5	Yoga Awareness Programme at Patoda village(Yog-Gram)	17/06/2023	Topic- Yoga For Common People. Speaker - Dr.Vanita N.Puri Dr.Pratibha Kale Mrs.Rupa Jadhav Topic- Yoga For Common People No. of Participants- 40-50	05

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6	Yoga Awareness Programme at Manoor	18/06/2023	Speaker- Dr.Pratibha Kale No. of Participants- 30-40	06
7	Poster Presentation Competition	19/06/2023	Winners-1.Dhanashree Bhalerao No. of Participants- 55-60	07
8	Kanchanwadi Yoga Dindi,	20/06/2023	No. of Participants -300	08
9	9 TH IYD Event	21/06/2023	No. of Participants -700	09

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HOD

Dr. Vanita N. Puri
Swasthavritta Evam Yoga
Department.

H.O.D. & Professor
Dept. of Swasthavritta Evam Yoga
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Hariyana Report 2023

All India Yogasana Sports Championship 2023-2024

National Yogasana Sports Cup

Authorised by -Indian Yoga Federation

Date - 30/09/2023-02/10/2023

Place- Palwal, Hariyana

Event was organised by Maharshi Patanjali Yoga Sansthan Palwal & Yoga Association Of Hariyana .

In the competition, approximately 500-600 yoga sadhakas participated, in which — Vishwajeet Vitthalrao Randave & Ganesh Kundlik Sangle bagged 1st prize in Artistic pair yoga in the age group senior boys

Ganesh Kundlik Sangle bagged 2 nd prize in traditional yoga in the age group of 21-24 age .

Santoshi Nagesh Puri & Radha Bhagwat Rakshe bagged 3rd prize in Rythmic pair yoga.

For this competition yoga teacher Rupa Jadhav trained the competitors which was guided by HOD Dr. Vanita Puri, Dr.Lata Rathod & Dr. Pratibha Kale.

Dr. Shrikant Deshmukh, Principal of Ayurvedic college, Dr. Jayshri Deshmukh Vice Principal, HR. Aher sir and Department of Swasthvritta and Yoga congratulated the winners.

04/10/2023



Dr. Shrikant Deshmukh
Principal

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Dr. Vanita N. Puri

HOD

Dr. Vanita N. Puri
Swasthvritta Evam Yoga

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Report

JIGNASA International conference 2024

Performance/ Yog demonstration

Organized by –Ayurveda Seva Sangha,Nashik

Co-hosted by – MUHS, Nashik

Supported by- Directorate of AYUSH, Gov. of Maharashtra

Date - 13/06/2024–14/06/2024

Place- Mahakavi Kalidas Kala Mandir, Nashik, Maharashtra

CSMSS Ayurved Mahavidyalaya, Chhatrapati Sambhaji Nagar, College team invited as a guest for Performance/ Yog demonstration in JIGNASA International conference 2024 cultural program on 13/06/2024–14/06/2024.

In this Performance, 12 students participated, namely— 1) Shreeniwas kolhe patil

2) Sangameshwar Ramdas Waghmare 3) Rakshe Radha Bhagwat 4) Santoshi Nagesh Puri 5) Aishwarya Dattatray Mule 6) Bhakti Raghunath Kharat 7) Krushnika Sanjay mahajan 8) Arti Sudam Jaybhaye 9) Vinayak sudhakar zol 10) Vishwajeet Vitthalrao Randave 11) Ganesh Kundlikrao Sangle 12) Nalini Solunke

Above college team was appreciated with Memento and certificates.

For this Performance yoga teacher Rupa Jadhav trained the participants which was guided by HOD Dr. Vanita Puri, Dr. Lata Rathod & Dr. Pratibha Kale.

Dr. Shrikant Deshmukh, Principal of Ayurvedic Mahavidyalaya, Dr. Jayshri Deshmukh Vice Principal, HR. Aher sir and Department of Swasthvritta and Yoga congratulated the winners.

15/06/2024



Shrikant Deshmukh
Principal

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HOD

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