



Estd : 1989
NCISM College Code : AYU0153
MUHS College Code : 3401

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छत्रपती शाहू महाराज शिक्षण संस्था संचलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



Title

Regular practice of Panchkarma to needed patients

Objectives

- 1) eliminate toxins and toxic conditions from body and mind.
- 2) restore constitutional balance improving health and wellness

The Context

PanchaKarma is a treatment program for the body, mind and consciousness that cleanses and rejuvenates.

It is based on Ayurvedic principles panchmahaboota sand three doshas. When doshic balance is disturbed it creates disorder resulting in disease.

Panchakarma is done individually for each person with their specific constitution and specific disorder in mind, thus it requires close observation and supervision.

For Sure, dedicated powerful unit for males and females was developed under the guidance of supreme authorities and Dr. Barhate sir and Dr. Survase madam in year 2013 under CSMSS Ayurved College and hospital roof with huge setup.

The Practice

Before the actual purification begins to encourage body to let go of the toxins .It starts with pre-purification measures of snehan and svedana and then cleansing methods - Shodhanas are applied .

PanchaKarma actually means ' five actions or five treatments'. There are five basic shodhanas included vaman, virechan, basti, nasya and raktamokshan.

Evidence of success

This practice has improved the awareness in people.

Problems encountered –

Some patients find procedures difficult.



Deekshika

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Jun-24

Ayurved Mahavidyalaya & Rugnalaya

Sr.No.	Treatment	Rate
1	KPT26 SWEDANA SARVANGA	
2	KPT24 NADI SWEDANA (SARVANGA)	135
3	KPT23 NADI SWEDANA LOCAL	135
4	KPT01 VAMANA WITH KANSYA	135
5	KPT02 FREE CONSULTATION (PROCESSING FEES)	4800
6	KPT03 VIRECHANA WITH KANSYA	20
7	KPT09 NIROOHA BASTI / KSHEERBASTI	3470
8	KPT27 SNEHANA SWEDANA SARVANGA WITH KANSYA(JPS15MI	270
9	KPT10 MATRA BASTI / ANUVASANA BASTI	600
10	KPT11 UTTARABASTI	135
11	KPT12 MARSHA NASYA	800
12	KPT13 PRATIMARSHA NASYA	330
13	KPT14 SWARASA NASYA	135
14	KPT15 PRADHAMANA NASYA	145
15	KPT16 JALOOKAVACHARANA (PER JALOOKA) INC GLS & DRS	135
16	KPT17 PRACCHANA	230
17	KPT20 SNEHAN LOCAL	160
18	KPT18 SIRAMOKSHANA	200
19	KPT19 SIRAMOKSHANA (WITHOUT SNEHAPANA, ABHYANG & S	1595
20	KPT80 UDWARTHANA (SARVANGA) WITH KANSYA	270
21	KPT81 UDWARTHANA - SARVANG WITH ABHYANG WITH KANSY	645
22	KPT79 UDWARTHANA - LOCAL	645
23	KPT32 CHOORNA PINDA SWEDANA (SARVANGA) WITH KANSYA	200
24	KPT33 CHOORNA PINDA SWEDANA ABHYANGA WITH KANSYA	580
25	KPT31 CHOORNA PINDA SWEDANA - LOCAL	580
26	KPT35 PATRA POTTALI SWEDANA(SARVANGA) WITH KANSYA	330
27	KPT34 PATRA POTTALI SWEDANA - LOCAL	580
28	KPT37 JAMBEERA PINDA SWEDANA(SARVANGA) WITH KANSYA	330
29	KPT36 JAMBEERA PINDA SWEDANA - LOCAL	580
30	KPT39 VALUKA POTTALI SWEDANA(SARVANGA)	330
31	KPT38 VALUKA POTTALI SWEDANA - LOCAL	530
32	KPT40 SAINDHAVA POTTALI SWEDANA - LOCAL	330
33	KPT42 MANJNAL KIZHI(SARVANGA)	330
34	KPT41 MANJNAL KIZHI - LOCAL	530
35	KPT44 MUTTA KIZHI(SARVANGA)	330
36	KPT43 MUTTA KIZHI- LOCAL	530
37	KPT46 SHASHTIKA SHALI PINDA SWEDANA(SARVANGA)KANSY	330
38	KPT45 SHASHTIKA SHALI PINDA SWEDANA - LOCAL	580
39	KPT47 ANNALEPAM (SARVANGA)	330
40	KPT51 PIZHICHIL (SARVANGA) WITH KANSYA	530
41	KPT50 PIZHICHIL - LOCAL	580
42	KPT49 PIZHINJU TADAVAL SARVANG WITH KANSYA	330
43	KPT53 DHANYAMLADHARA (SARVANGA)	580
44	KPT52 DHANYAMLADHARA -LOCAL	530
45	KPT54 DHANYAMLADHARA - SARVANG WITH ABHYANG	330
46	KPT58 SIDHARTHAKA SNANAM	530
47	KPT56 TAKRADHARA SARVANG	400
48	KPT57 TAKRADHARA SARVANG WITH ABHYANGA	530
49	KPT55 TAKRADHARA - LOCAL	530
50	KPT62 AVAGAHA (WITH ABHYANGA)	330
51	KPT59 SIRODHARA - SNEHA	400
52	KPT60 SIRODHARA - TAKRA	360
53	KPT63 SITZ BATH	360
54	KPT48 PIZHINJU TADAVAL - LOCAL	200
55	KPT64 SIROBASTI	330
56	KPT73 TALAPOTHICHIL	400
57	KPT74 TALAM	200
58	KPT76 NETRA - TARAPANA (BOTH EYES)	25
		270



[Signature]

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59	KPT75 NETRA – TARAPANA (ONE EYE)	200
60	KPT78 NETRA – PUTAPAKA (BOTH EYES)	400
61	KPT77 NETRA – PUTAPAKA (ONE EYE)	270
62	KPT25 KSHEERADHOOMA	200
63	KPT72 SHIROPICHU	85
64	KPT61 UPANAHA	105
65	KPT22 TALODAL WITH KANSYA	320
66	KPT65 KATEE BASTI	230
67	KPT66 HRID BASTI	230
68	KPT67 MANYA BASTI	230
69	KPT68 JANU BASTI (BOTH KNEE)	400
70	KPT69 JANU BASTI (SINGLE KNEE)	230
71	KPT70 MERUDANDA BASTI	400
72	KPT82 VRANAKARMA	85
73	KPT83 AGNIKARMA	135
74	KPT84 DHOOMAPANA	95
75	KPT85 KARNAPURANA	85
76	KPT86 KARNADHOOPANA	85
77	KPT91 REGISTRATION AND FIRST CONSULTATION	250
78	KPT92 FOLLOW UP CONSULTATION	150
79	KPT93 GENERAL WARD PER DAY+CONSULTANT VISIT PER D	180
80	KPT94 SPECIAL ROOM PER DAY+CONSULTANT PER DAY	360
81	KPT28 SHIRASHRVANA ABHYANGA	135
82	KPT29 PADA ABHYANGA	135
83	KPT30 SARVANGA SNE/SWD WITH SHIRSHRAWAN PADA ABH	795
84	KPT21 SNEHAN SARVANG WITH KANSYA(JPS15 MIN)	470
85	KPT87 TRACTION (SINGLE KNEE)	85
86	KPT88 TRACTION - BOTH KNEE	135
87	KPT71 JANU PICHU	85
88	KPT89 BSL - R	80
89	KPT90 BSL - FBS - PPBS	170
90	KPT95 SARVANG SNEHAN SWEDAN (SPECIAL)	1325
91	KPT 96 PHYSIOTHERAPY	85
92	KPT97 VEDHAN KARMA	55
93	KPT98 KANSYA THALI PADABHYANGA & SHIROBHYANGA	75
94	KPT 101 SARVANGA SNEHAN WITH KANSYA THALI	450
95	KPT 102 SARVANGA SNEHAN SWEDAN WITH KANSYA THALI	580
96	KPTAPPOINTMENT FIRST CONSULTATION AND REGISTRATION	200
97	KPT APPOINTMENT FOLLOW UP CONSULTATION	100
98	KPT103 FREE FOLLOW UP	10
99	KPT 96 KANSYA THALI FOOT MASSAGE	60
100	KPT103 KANSYA THALI FOOT MASSAGE 10DAYS	500
101	KPT99 CHAVUTTI UZHICHIL (15MIN)	100
102	KPT100 CHAVUTTI+SITZBATH	300
103	KPT101 CHAVUTTI+JPS LOCAL	430
104	KPT102 CHAVUTTI+SSPS LOCAL	430
105	KPT103 CHAVUTTI+SSPS SARVANG	680
106	KPT104 CHAVUTTI+JPS SARVANG	680
107	KPT105 CHAVUTTI+SSS	680



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STATEMENT OF OPD PANCHAKARMA KARMAS PATIENTS LIST FOR THE YEAR 2023 to 2024

Sr. No.	Month	Snehan	Swedan	Vaman	Virechan	Basti	Nasya	Shirodhara	Shirobasti	Other	TOTAL
1	Jun-23	1710	1712	2	19	662	106	73	0	392	4676
2	Jul-23	1728	1742	8	11	714	131	109	0	405	4848
3	Aug-23	1839	1767	0	7	558	174	122	0	512	4979
4	Sep-23	1876	1845	1	5	406	201	98	0	514	4946
5	Oct-23	1831	1830	1	6	367	184	67	0	657	4943
6	Nov-23	1843	1843	1	9	414	196	74	0	578	4958
7	Dec-23	1922	1728	0	4	589	105	153	0	499	5000
8	Jan-24	1861	1962	1	0	708	236	114	0	511	5393
9	Feb-24	1908	1941	0	0	694	307	132	0	614	5596
10	Mar-24	2299	2363	7	0	831	295	170	0	724	6689
11	Apr-24	1684	1712	2	0	707	174	119	0	407	4805
12	May-24	1632	1636	0	4	662	130	57	0	616	4737
Total		22133	22081	23	65	7312	2239	1288	0	6429	61570



Deekshach

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1	Jun-23	1733	1745	0	1	491	176	53	0	513	4712
2	Jul-23	1916	1906	0	0	228	169	94	0	1027	5340
3	Aug-23	1987	1973	0	7	470	211	69	0	745	5462
4	Sep-23	1861	1844	0	0	379	249	111	0	670	5114
5	Oct-23	1658	1786	7	0	671	155	68	0	302	4647
6	Nov-23	1724	1744	0	0	642	173	84	0	317	4684
7	Dec-23	2213	2214	0	9	1255	381	65	0	848	6985
8	Jan-24	2990	2580	1	15	580	284	116	0	708	7274
9	Feb-24	2723	2745	1	0	754	219	172	0	752	7366
10	Mar-24	2334	2460	0	1	524	342	176	0	765	6602
11	Apr-24	2085	2122	0	0	562	218	76	0	784	5847
12	May-24	2201	2243	0	1	645	207	84	0	887	6268
Total		25425	25362	9	34	7201	2784	1168	0	8318	70301



Beshmesh

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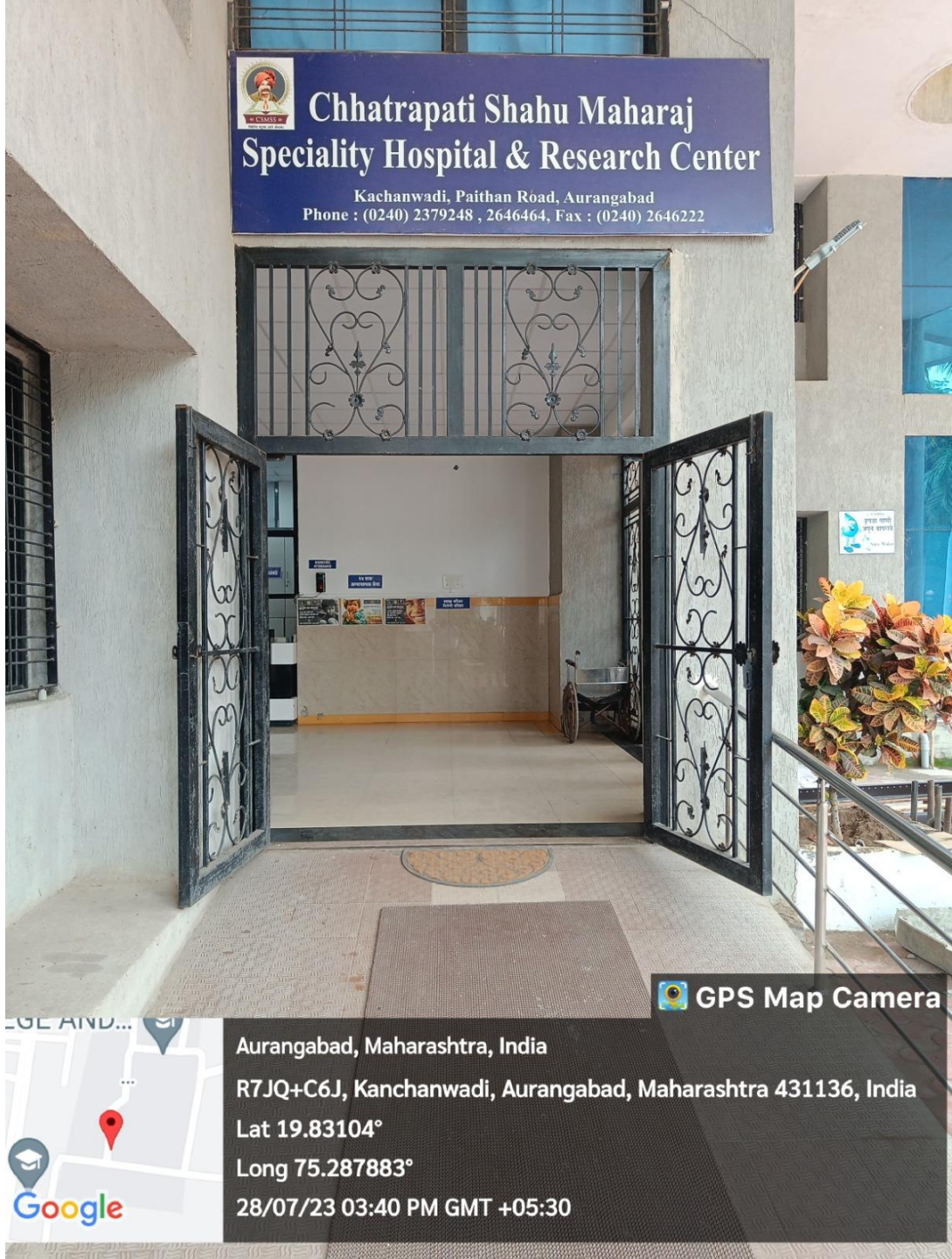
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Special Panchakarma Photos 2023-24



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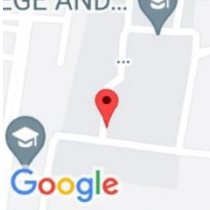
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GPS Map Camera



Aurangabad, Maharashtra, India

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Lat 19.83104°

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