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छत्रपती शाहु महाराज शिक्षण संस्था संघलित

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CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

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2.2.3 Institution facilitates building and sustenance of innate talent/aptitude of individual students

ACTIVITY INDEX

1	Activities-Celebration of International Yoga Day
2	Yoga – Championship – West Bengal
3	Annual Social Gathering Students Committees
4	Cultural And Sports Activities
5	Details about Student Activities


Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's
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AMCS/ 1113/2024

Date:- 21/06/2024.

To,

The Hon'ble Secretary,

National Commission for Indian System of Medicine,

Plot No. T-19, 1st & 2nd Floor,

Block IV Dhanwantari Bhawan, Road No 66,

Punjabi Bagh (West), New Delhi-110026.

Sub: Regarding celebration of 10th International Yoga Day, 2024.

Ref: No.-Sec/Commission/2024-1/Misc. Dated 19.06.2024.

Respected Sir,

With reference from above letter dated 19/06/2024 herewith submitting report of celebration of 10th International Yoga Day conducted at Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya and Rugnalaya, Kanchanwadi, Chhatrapati Sambhaji Nagar.

Sr. No.	Programme	Date	Details/	Photo No.
1	Pre Yoga Day Practice Session	13/06/2024 to 20/06/2024	No. of Participants- 50-60/day	01
2	Guest Lecture	14/06/2024	Speaker -Mr.Gangaprasad Kharat Topic- Stress management through Yoga No. of Participants -120	02
3	Essay Competition/ Slogan Competition	15/06/2024	No. of Participants -24 Winners-1.Nikita Dale 2.Dipti Shinde	03
4	Video Competition	17/06/2024	No. of Participants- 09 Winners-1.Vaibhavi Kunjar 2.Neha Dhamne	--
5	Poster Presentation & Competition	18/06/2024	No. of Participants- 25-30 Winners-1.Anushka Amle, Bharati Jadhav 2.Radhika Deshmukh, Jayshree Jagtap	05
6	Lecture	19/06/2024	Topic- Yoga for Pregnant women No. of Participants -15-20	06

Address: Kanchanwadi, Palthan Road, Chhatrapati Sambhajnagar- 431 001, Dist. Solapur, Maharashtra-431 001 (MS) India.

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Sr. No.	Programme	Date	Details/	Photo No.
7	Kanchanwadi Yoga Dindi,	20/06/2024	No. of Participants -400	07 & 08
8	10TH IYD Event	21/06/2024	No. of Participants -500	09 & 10

Yours faithfully,

S. G. Deshmukh
Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's
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Kanchanwadi, Chhatrapati Sambhajinagar.

S. G. Deshmukh
(Dr. S.G. Deshmukh)
Principal

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36th National Yoga Competition Report - 2025

20/01/2025

Date - 17/01/2025 – 19/01/2025

Place – Midnapur , West Bengal.

Authorised by –World Yoga Sports Federation

Event was organised by Yoga Culture Association Kalyan

In the competition, approximately 500-600 Yoga sadhak participated, in which —

1. Shyam Deshmukh, Shantanu Bodake secure **Gold Medal** (1st rank) in Youth Artistic Round.
2. Kiran Meshram - **Silver medal** (2nd rank) in Rhythmic Single Round.
3. Shaym Deshmukh –**Bronze medal** (3rd rank) in Youth Traditional Round among boy's age group of 18-23 yrs.

All the students are selected for International Yoga Competition held at VIETNAM on March 2025.

The competition was guided by HOD Dr. Vanita Puri, Dr. Pratibha Kale, Dr. Harshada Ashtankar. Yoga teacher Rupa Jadhav trained the competitors.

The Principal of CSMSS Ayurved Mahavidyalaya and Rugnalaya Dr. Shrikant Deshmukh , Vice Principal Dr. J. S. Deshmukh, HR Aher sir and Department of Swasthviritta Evam Yoga congratulated the winners.

[Signature]
Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's
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Kanchanwadi, Chhatrapati Sambhajinagar

[Signature]
Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's



HOD

Dr. Vanita N. Puri

Dept. of Swasthviritta Evam Yoga

Chh. Sambhajinagar

Dept. of Swasthviritta Evam Yoga
Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
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2.2.3 Institution facilitates building and sustenance of innate talent /aptitude of individual students (extramural activities/beyond the classroom activities such as student clubs, cultural societies, etc.)

The college authorities and faculties motivate the students to arrange, conduct and to take part in different cultural and sports activities and also promote them to take part in sports, Yoga and Cultural activity competitions held in other colleges, universities and at State, National and International levels.

The Annual Social Gathering i.e.Hridayam 2025 of the Institute was organized from 28/02/2025 to 07/03/2025. Various student committees were formed.

On 28/02/2025 at Narveer Tanaji Malusare stadium, various Sports like Outdoor sports – Cricket, Volleyball; Indoor sports activities like Carrom, Chess, and Badminton were played.

On 4TH March Granth Dindi, & Flash mob was organized.

On date 05/03/2025 Reels and Cultural event included Drama, Singing & Dances was organized.

On 06/03/2025 Fashion show and Garba night was organized.

On 07/03/2025 prize distribution program, a small enjoyment event funfair & Dinner night was conducted. Also,

In Institution there is regular yoga activity which is conducted by Swasthawritta Department.

Dr. Ashwini
Principal
Chhatrapati Shahu Maharaj Shikshan Sanstha's
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Annual Social Gathering Student Committees 2024-25

General Secretary (Gs)	Shreya Ganesh Khatakar
Vice General Secretary (Vgs)	Samruddhi Shrinivas Vaidya

Committee heads and Member

1.Sports Committee -

Heads

Name	Mob No.
Pankaj Chavan	8421089735
Shivani Tangade	7507656698

Outdoor Sports Head

1.Satyam Rathod	7499199819
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Indoor Sports Head

1.Shubham Wani	7083437145
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Shubham Wani
Principal

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Committee Members

Sandip Jadhav	9096936372
Parag Sambhpure	9096390486
Avinash Gutte	7058545496
Sumit Patil	9503903880
Nitin Thakare	7038231653
Shivraj Kshirsagar	9145240499
7.Rahul Karad	7057050035
8.Abhimanyu Gaikwad	9403117058
9.Kanchan Bagal	9307975516
10.Mansi Bawaskar	9422728615
11.Namrata Thombre	7447201060

2.Inaguration Committee

Heads

Name	Mob No.
1.Aditya Kasar	8459537879
2.Vaishali Gadewar	8888446158


Principal

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Committee Members

1.Sowmya Sherla	9390345323
2.Kedar Bhojane	8390863074
3.Abhimanyu Gaikwad	9403117058
4.Tejas Bari	9049880429
5.Shardul Padwal	7720928766
6.Samruddhi Vaidya	7058295673
7.Prajakta Raut	9607140178
8.Shubham Wani	7083437145

3.Rose Day Committee

Heads

Name	Mob No.
1.Harshal Shelke	8552931343
2.Mrunal Mahajan	9423771392

Committee Members

1.Neha Jadhav	9309836519
---------------	------------

Prashant Kumar
Principal
Chhatrapati Shahu Maharaj Shikshan Sanstha's
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2.Nikita Kadam	7387619023
3.Pankaj Walekar	7058165060
4.Gajanan Dhanure	7057750340
5.Nikhil Kaldate	7709517237
6.Shubham Chavan	9657517430
7.Kahekasha Ansari	9834669502
8.Shivani Tangade	7507656698
9.Achyut Bodkhe	7757811080

4.Cultural Events Committee

Heads

Name	Mob No.
Prasheel Deshmukh	7219152911
Aditi Palaskar	8080841364

Committee Members

Vaidehi Choukidar	7666324427
Sowmya Sherla	9390345323
Radha Sawalkar	9130690530

Principal

Principal

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Tejas Bari	9049880429
Pankaj Chavan	8421089735
Samruddhi Vaidya	7058295673
Vaishali Gadewar	8888446158
Akansha Misal	8080095826
Akansha Pathak	9011447057
Shivani Tangade	7507656698
Aditya Kasar	8459537879
Shardul Padwal	7720928766

5.Fashion Show Committee

Heads

Name	Mob No.
1.Sushil Navande	8459293232
2.Ashwini Paithane	9460875761

Committee Members

1.Saurabh Wagh	9665107390
2.Abhishek Thorat	7875377884



Sushil Navande
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3.Aniker Thombre	9307109897
4.Vaishnavi Pere	7822054597
5.Nikhil Kaldate	7709517237
6.Rushikesh Mote	7038519718
7.Shivraj Ubale	7499572223

6.Garba Night Committee

Heads

Name	Mob No.
1.Abhishek Thorat	7875377884
2.Vaishnavi Pere	7822054597

Committee Members

1.Saurabh Wagh	9665107390
2.Harshal Shelke	8552931343
3.Aniket Thombre	9307109897
4.Sushil Navande	8459293232
5.Pankaj Walekar	7058165060



Sushil Navande
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8.Ashwini Paithane	9460875761
9.Sowmya Sherla	9390345323
10.Pankaj Chavan	8421089735
11.Kanchan Bagal	9307975516
12.Namrata Thombre	7447201060
13.Avinash Gutte	7058545496

7.Funfair Event Committee

Heads

Name	Mob No.
1.Abhimanyu Gaikwad	9403117058
2.Pratiksha Jagtap	7820856629

Committee Members

1.Vaishnavi Rajput	9834879884
2.Sharad Soge	7741892914

[Signature]
Principal

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3.Rutuja Admane	9922204914
4.Isha Chavan	9067546555
5.Pavan Pawar	9421554241

8.Dinner Night Committee

Heads

Name	Mob No.
1.Tejas Bari	9423151512
2.Sowmya Sherla	9390345323

Committee Members

1.Shardul Padwal	7720928766
2.Satyeshwar Patange	9579404252
3.Harihar Vyawahare	9028034036
4.Saurabh Chormale	8806620843
5.Sharad Soge	7741892914
6.Mrunal Patil	9307659968
7.Akansha Misal	8080095826

Seshmuni
Principal

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9.Prize Distribution Committee

Heads

Name	Mob No.
1.Abhimanyu Gaikwad	9403117058

Committee Members

1.Shreya Khatakar	9403598583
2.Samruddhi Vaidya	7058295673
3.Shubham Wani	7083437145
4.Shivraj Kshirsagar	9145240499
5.Sharad Soge	7741892914

10.Social Media Committee

Members

Name	Mob No.
1.Aditya Kasar	8459537879
2.Aditi Palaskar	8080841364



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11.Decoration Committee

Heads

Name	Mob No.
Prajakta Raut	9607140178
Sharad Soge	7741892914

Committee Members

Akansha Misal	8080095826
Shreya Khatakar	9403598583
Amol Dere	9421782509
Abhimanyu Gaikwad	9403117058
Samruddhi Vaidya	7058295673
Shardul Padwal	7720928766
Namrata Thombre	7447201060

12.Anchoring Committee

Heads



Sachin Kumar
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Name	Mob No.
1.Vaidehi Choukidar	7666324427
2.Shubham Wani	7083437145

Committee Members

1.Samruddhi Vaidya	7058295673
2.Radha Sawalkar	9130690530
3.Shivraj Kshirsagar	9145240499
4.Kunal Chapke	9373065744

13.Discipline Committee

Heads And Members

Name	Mob No.
1.Shivraj Kshirsagar (H)	9145240499
2.Akansha Pathak (H)	9011447057
3.Nikhil Sakhre	7741026798
4.Shubham Tidke	9763756951
5.Parag Sambhpure	9096390486

Sachin
Principal

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6. Shivraj Ubale	7499572223
7. Achyut Bodkhe	7757811080
8. Rukmakant Shewale	9604178148
9. Shivani Tangade	7507656698
10. Sowmya Sherla	9390345323
11. Samruddhi Vaidya	7058295673
12. Vaishali Gadewar	8888446158
13. Nikhil Kaldade	7709517237
14. Akansha Misal	8080095826
15. Abhishek Kabra	7588565559
16. Shivraj Bhise	7887900413

[Signature]

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Report On Musical event (Folk Orchestra) Participation - MUHS Spandan 2025

College Name: - CSMSS Ayurved College, Kanchanwadi, Chhatrapati Sambhajanagar.

Event: - MUHS Spandan 2025- Musical event (Folk Orchestra).

Date: - 21-22/04/2025

Hosting College: - Sharadabai Pawar Institute of Nursing Baramati.

We are pleased to share the experience of our participation in the **folk Orchestra** Category of Musical event at **MUHS Spandan 2025**, an event that brought together talented participants from various institutions to showcase their artistic skills. Our team from **CSMSS Ayurved College, Chh. Sambhajanagar**, was excited to represent our college & present a captivating performance of **Bharud**, a traditional Marathi folk art form.

The performance filled with enthusiasm, Creativity & Cultural pride, reflecting the richness of our folk heritage. The event was graced by the distinguished presence of **Pro Vice Chancellor of MUHS Nashik- Dr. Milind Nikumbh Sir**, who conducted the prize distribution ceremony. We felt honored to have had our efforts recognised by such esteemed figures in the academic & Cultural Community.

Team Composition: - 9 Students

Our team consisted of passionate Students, each bringing their own unique contribution to the performance.

- 1) Darshan Jadhav
- 2) Shantanu Bodke
- 3) Sandhya Chakkar
- 4) Kanchan Chalak
- 5) Shital Gujar
- 6) Arti Jaybhaye
- 7) Mayuri Mahadule

Principal

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8) Pornima Rakhonde

9) Anagha Wani

Team Manager: - Dr. Arti Masal, whose leadership, Coordination and Consistent support were crucial in ensuring the success of our performance.

3 Accompanists: -

Their musical expertise added depth & rhythm to our performance. Complementing the vocal & instrumental Success of our performance.

1) Vasant Rahate

2) Yoganand Godbole

3) Anant Guthe.

A key element of our preparation for this performance was the continuous in this guidance and motivation from our respected **Dean, Dr. Deshmukh Sir**. Whose encouragement played a pivotal role in inspiring us to take part prestigious event. His belief in our Capabilities gave us the confidence to step forward and represent our college on Such a Significant Platform.

Our team Secured **2nd rank** in this category. We take immense pride in the recognition we recieved for our performance. The experience itself was invaluable, and the exposure to such a large-scale event was a tremendous learning opportunity. We not only honed our artistic skills but also Strengthened our teamwork and Coordination.

This event also allowed us to interact with other participants, exchange ideas and appreciate the diversity of talent on display. We are grateful for the opportunity to be part of Such an enriching event and to contribute to the cultural vibrancy of MUHS Spandan 2025.

In conclusion our participation in the **Folk Orchestra** Category of musical event at **MUHS Spandan, 2025** was an unforgettable experience We extend our Sincere thanks to all the organizers, participants and attenders who made the event a great Success. We also express our heartfelt gratitude to the **Dr. Deshmukh Sir** for his consistent Support and **Dr. Aarti Masal** for her excellent leadership. We look forward to participating in future events with even greater enthusiasm and Commitment.



Dr. Deshmukh
Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's
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2.2.3 Institution facilitates building and sustenance of innate talent /aptitude of individual students (extramural activities/beyond the classroom activities such as student clubs, cultural societies, etc.)

Sr. No.	Name of Document	Soft copy	Hard Copy
1	200 words	Yes	Yes
2	Appropriate documentary evidence	Yes	Yes
3	Geo tagged Photographs	Yes	---



Areshmala
Principal

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2.2.3 PHOTOGRAPHS OF ACTIVITIES

SR.NO.	PHOTOGRAPHS	PAGE NO
1	YOGA RALLY ACTIVITY	1
2	10 TH IYD	1
3	SURYANAMSKAR DAY CELEBRATION	2
4	WEST BENGOL YOGA COMPETITION	2
5	ANNUAL GATHERING - SPORT INAUGRATION	3
6	OPENING OF GATHERING	3
7	CRICKET	4
8	BADMINTON	4
9	TABLE TENNIS	5
10	CHESS	5
11	INAUGRATION OF GATHERING	6
12	GRANTH DINDI	6
13	FLASHMOB	7
14	ROSE DAY	7
15	GROUP DANCE	8
16	FOLK DANCE	8
17	YOGA ACT	9
18	FASION SHOW	9
19	SINGING	10
20	FUNFAIR	10

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21	PRIZE DISTRIBUTION	11
22	DINNER NIGHT	11
23	SPANDAN 2025	12-13



Arshman
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