



Estd : 1989
NCISM College Code : AYU0153
MUHS College Code : 124101

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छत्रपती शाहू महाराज शिक्षण संस्था संवलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

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1 JUNE 2024-31 MAY 2025

Title

Regular practice of Suvarnabindu prashan prepared in Ayurvedic Rasashala nand annual schedule is provided to benefical.

Objectives

- 1.To Organise Suvarnabindu Prashan Camp for children as per guideline of Ayush Department.
2. To improves immune system, physical strength and digestion power.

The Context

Institute organises Suvarnabindu Prashana Camp for the children aged 6 months to 16 years on Pushya Nakshatra of every month.

It's administration helps to achieve developmental milestone in children and better intellect in younger children.

The Practice

A specially prepared Schedule card is given to remind parents about upcoming dates of Camp. The contact number of every parent is noted down to contact them if they missed the date.

In order to continue the practise uninterrupted, the Suvarnaprashana is prepared prior to the Camp date. On the day before camp, honey is mixed and well stirred to homogeneous mixture and poured into the droppers. To administer drops of Suvarnabindu easily to children these droppers are used under all hygienic precautions.

Evidence of success

This practice has improved the awareness in every parent about their ward's health.

From JUNE 2024 to MAY 2025, 465 children were benifited.

Problems encountered –

Since COVID pandemic, response of parents is minimized.



Reshmer

Principal

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KEEP YOUR BABY ONE STEP AHEAD.

BENEFITS OF SUVARNA BINDU PRASHANA

(Reference – Kashyapa Samhita)

- Given from 6 months to 16 years.
- Boosts immunity against diseases, increases grasping power, sharpness, analyzing power, strengthens memory.
- Improves physical strength • Prevents from infections.
- Prevents from diseases occurring due to seasonal change.
- Protects from different kinds of allergies • Prevents toxic effect of contaminated food • Improves digestion • Tones up skin luster

DR. SHRIKANT G. DESHMUKH
PRINCIPAL

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S
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KANCHANWADI, PAITHAN ROAD, CHHATRAPATI SAMBHAJINAGAR.

FOR FOLLOW UP, REGISTRATION AND INQUIRY
DEPARTMENT OF KAUMARBHRITYA

DR. K. S. RATNAPARKHI (HOD)

DR. K. K. FADNAVIS 9665415867 DR. L. N. PATOLE 9673813834
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CSMSS | Since 1986



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Department of Kaumarbhritya (Balroga) Suvarna Bindu Prashana Schedule Card - 2025

Date : / / 2025

Name : _____

Date of Birth : / / 20

Age : _____ Years _____ Months Sex - M ☐ F ☐

Mother's Name : _____

Address : _____

Mob. No : _____



**HAMARA AYUSH,
HAMARA SWASTHYA.**

क्र.	दिनांक	वार	सुवर्णप्राशन	वजन	उंची
1	14/01/2025	मंगळवार			
2	10/02/2025	सोमवार			
3	10/03/2025	सोमवार			
4	07/04/2025	सोमवार			
5	03/05/2025	शनिवार			
6	30/05/2025	शुक्रवार			
7	27/06/2025	शुक्रवार			
8	24/07/2025	गुरुवार			
9	21/08/2025	गुरुवार			
10	17/09/2025	बुधवार			
11	14/10/2025	मंगळवार			
12	10/11/2025	सोमवार			
13	08/12/2025	सोमवार			

NATIONAL IMMUNIZATION SCHEDULE

Vaccine	When to Given	Max. Age	Dose	Route	Date
BCG	At Birth	Till 1 year age	0.1 ml	Intra Dermal	
Hepatitis B	At Birth	Within 24 hours	0.5 ml	Intramuscular	
OPV - 0	At Birth as early possible	Within 15 days	2 drops	Oral	
OPV 1, 2 & 3	At 6,10 & 14 weeks	Till 1 year of age	2 drops	Oral	
Rota Virus	At 6, 10 & 14 weeks	Till 1 year of age	5 drops	Oral	
IPV	6 & 14 weeks	Up to 1 year of age	0.1 ml	Intramuscular	
Pentavalent 1, 2 & 3	At 6, 10 & 14 weeks	Till 1 year of age	0.5 ml	Intramuscular	
Measles / MR-1 1st Dose	9 - 12 completed month	Given till 5 year of age	0.5 ml	Subcutaneous	
Japanese Encephalitis	9 - 12 completed months	Till 15 years	0.5 ml	Subcutaneous	
Vitamin A	16 months, then 1 dose every 6 months	Till 5 year of age	2 ml (2 lakhs IU)	Oral	
DPT Booster 1	16 - 24 months	7 year	0.5 ml	Intramuscular	
Measles/ MR-2 2nd Dose	16- 24 months	Till 5 year of age	0.5 ml	Subcutaneous	
OPV Booster	16-24 months	Till 5 year of age	2 drops	Oral	
Japanese Encephalitis 2nd Dose	16 - 24 months		0.5 ml	Subcutaneous	
Vitamin A	16 months, then 1 dose every 6 months	Till 5 year of age	2 ml (2 lakhs IU)	Oral	
DPT Booster 2nd Dose	5-6 years	7 years	0.5 ml	Intramuscular	
TT	10 years to 16 years		0.5 ml	Intramuscular	



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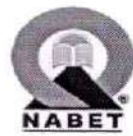
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DETAILS OF SUVARNA CAMPS JUNE 2024 TO MAY 2025

Sr.No.	Nature of the camp	Date	Place	General/Specific Disease	Number of Patients Treated
1	Suvarna Prash Camp	10-Jun-24	C.S.M.S.S. Ayurved Hospital, Chatrapati Sambhajinagar.	Immunization (Balrog)	32
2	Suvarna Prash Camp	8-Jul-24	C.S.M.S.S. Ayurved Hospital, Chatrapati Sambhajinagar.	Immunization (Balrog)	36
3	Suvarna Prash Camp	5-Aug-24	C.S.M.S.S. Ayurved Hospital, Chatrapati Sambhajinagar.	Immunization (Balrog)	29
4	Suvarna Prash Camp	31-Aug-24	C.S.M.S.S. Ayurved Hospital, Chatrapati Sambhajinagar.	Immunization (Balrog)	30
5	Suvarna Prash Camp	27-Sep-24	C.S.M.S.S. Ayurved Hospital, Chatrapati Sambhajinagar.	Immunization (Balrog)	46
6	Suvarna Prash Camp	24-Oct-24	C.S.M.S.S. Ayurved Hospital, Chatrapati Sambhajinagar.	Immunization (Balrog)	37
7	Suvarna Prash Camp	21-Nov-24	C.S.M.S.S. Ayurved Hospital, Chatrapati Sambhajinagar.	Immunization (Balrog)	32
8	Suvarna Prash Camp	18-Dec-24	C.S.M.S.S. Ayurved Hospital, Chatrapati Sambhajinagar.	Immunization (Balrog)	27
9	Suvarna Prash Camp	14-Jan-25	C.S.M.S.S. Ayurved Hospital, Chatrapati Sambhajinagar.	Immunization (Balrog)	18
10	Suvarna Prash Camp	10-Feb-25	C.S.M.S.S. Ayurved Hospital, Chatrapati Sambhajinagar.	Immunization (Balrog)	34
11	Suvarna Prash Camp	10-Mar-25	C.S.M.S.S. Ayurved Hospital, Chatrapati Sambhajinagar.	Immunization (Balrog)	34
12	Suvarna Prash Camp	7-Apr-25	C.S.M.S.S. Ayurved Hospital, Chatrapati Sambhajinagar.	Immunization (Balrog)	41
13	Suvarna Prash Camp	3-May-25	C.S.M.S.S. Ayurved Hospital, Chatrapati Sambhajinagar.	Immunization (Balrog)	30
14	Suvarna Prash Camp	30-May-25	C.S.M.S.S. Ayurved Hospital, Chatrapati Sambhajinagar.	Immunization (Balrog)	39
TOTAL CAMP & SHIBEER					465



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Analysis of Suvarnaprashan in Children

Introduction: Suvarnaprashan programme conducted in our CSMSS Rugnalay since 2011. In last year (2024) total 417 children get benefited on pushya nakshatra.

Suvarnaprashan is an ancient Ayurvedic practice involving the administration of Suvarna bhasma with medhya ghrita preparations to boost immunity and promote overall health in children.

Historical Context: Suvarnaprashan finds its roots in ancient Ayurvedic texts, where gold is believed to have medicinal properties that enhance longevity and vitality. It was traditionally administered to children to fortify their immune systems and cognitive functions.

Method of Administration: Suvarnaprashan is typically administered as a medicated ghee (clarified butter) containing Suvarna bhasma (powdered gold) along with other herbs. The dosage and frequency vary depending on the age and health of the child.

Current Scientific Understanding:

1. **Immune System Modulation:** Gold nanoparticles have shown potential in modulating the immune response.
2. **Neurological Benefits:** Suvarnaprashan have neuroprotective effects, enhancing cognitive function in children.

Benefits:

- **Immune Support:** Suvarnaprashan strengthens the immune system, potentially reducing the frequency of infections. It enhances memory power.
- **Developmental Aid:** It supports overall growth and development in children, including cognitive functions.

This **analysis** provides a balanced overview of Suvarnaprashan, highlighting its traditional roots, potential benefits.

[Signature]

H.O.D. & Professor
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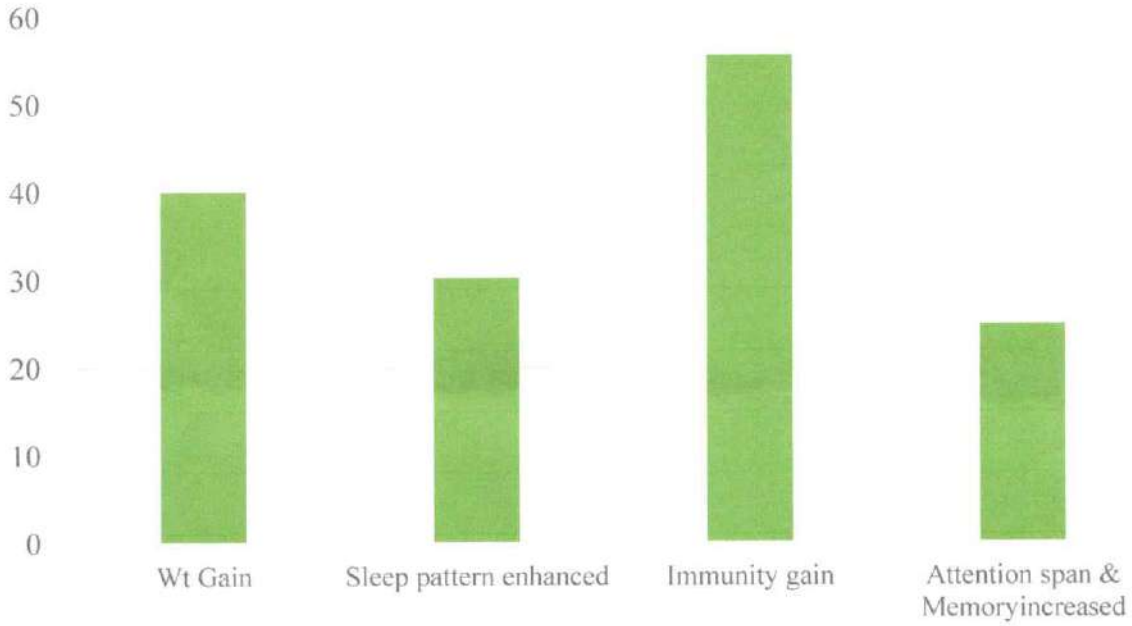


Department of Kaumarbhritya

Impact of Suvarnaprashan in Children 2024

Analysis

Analysis of Suvarnaprashan impact 2024



H.O.D. & Professor

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Suvarnprashan Photos



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