

## KRIYAKALPA

### INTRODUCTION-

We the Dept. of Shalakyatantra deal with the diseases and treatment of Uradhajatrugat vyadhi i.e. above the supra-sternal notch. It comprises diseases of Eye, Ear, Nose, Throat, Oro-dental Shiroroga.

The main treatment of these diseases includes oral or systemic medicine & Local treatment. Local treatment along with various medicinal forms is called as Kriyakalpa.

The common kriyakalpas practiced in our OPD & IPD of Shalakyatantra Dept are as follows according to site

1. NETRA (Eye)- Aschyotan, Netradhawan, Parishek, Netratarapan, Anjan, Raktamokshan, Shalyanirhan, Putpak.

Aschyotan –means putting eye drops in eyes.

Parishek- Pouring the medicinal decoction on closed eyes.

Netradhavan-Eye wash open eye is washed with kwath, Swaras, Normal saline etc.

Netratarpan- Putting medicated sneha Ghrit, vasa etc into eye with special methods as per ancient tools and recent tools like swimming goggles etc.

Putpaka- It is also like tarpan by using Swaras or decoction.

Pindi & Bidalaka- Pindi is putting medicated bolus of plant leaves on eye and Bidalak is applying the layer of medicine on closed eyes.



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**आयुर्वेद महाविद्यालय व रुग्णालय**

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

**AYURVED MAHAVIDYALAYA & RUGNALAYA**

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



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Training of staff for kriyakalpas

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