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NCISM College Code : AYU0153
MUHS College Code : 124101

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छत्रपती शाहू महाराज शिक्षण संस्था संघलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

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SOP's Of Agnikarma

Definition:

- The agnikarma is performed with the small leaves of arkapatra and cotton spirit swab.
- This is mainly applied in vata predominant conditions.
- It is usually done in painful tendon.

Standard Operating Procedure :

Materials required:

- Arkapatra
- Cotton spirit swab
- Matchbox
- Two artery forceps

Preparation of Materials:

- Cotton spirit swab catching with artery forcep.

PURVA KARMA:

- Take a consent for the procedure and evaluate patient safety for before procedure as per pre procedure checklist.
- The patient should be seated with exposed the part on which agnikarma is to be given with comfort.



Beshmukh

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PRADHAN KARMA:

- Find the tender point of the pain .
- On which part agnikarma should be applied.
- Cotton spirit swab should be igniting with matchbox.
- On tender point put the igniting spirit swab with artery forcep.
- Keep it until patient can tolerate.
- One side should be done once only/day.

DURATION:

As per patient.

PASHCHAT KARMA:

- The patient should be advised to move the affected part for 5 minutes.
- Post procedure evaluation of the patient should be written in patient's file.

Principals

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SOP's OF JALAUKAVACHARAN

DEFINITION:

- The Jalaukavacharan is performed with the nirvishjalauka.
- This is mainly applied in pitta predominant conditions.

STANDARD OPERATING PROCEDURE:

Materials Required:

- Jalauka
- Cotton swab
- Kidney tray
- Bandage
- Turmeric powder
- Vessels with full of water

PREPARATION OF MATERIALS:

- Before applying the jalauka ,keep in water of turmeric powder for 5 mins.

PURVAKARMA:

- Take a consent for a procedure and evaluate patient's safety for before procedure as per procedure checklist.
- The patient should be seat with expose the part on which jalaukavacharan is done with comfort .

PRADHAN KARMA:

- Find proper site for jalaukavacharan .



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- Clean the site of jalaukavacharan with water swab.
- Applied jalauka on site gently.
- If jalauka is not attached then put one drop of milk on site and try to attach jalauka.
- If it does not detached itself then put on the site little turmeric powder.

DURATION:

As per patient 15 days.

PASHCHAT KARMA:

- On the jalaukavacharan dressing should be done with turmeric powder and closed with bandage.
- The patient should be advised to rest for 30 minutes.
- Post procedure evaluation of patient should be written in patient's file.

Reshma

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BLOOD LETTING BY ALABU

- 1) This technique is used in kaph dusti, Rakta dusti.
- 2) Indication= Kapha, Rakta dusti, kandu, Sukumar, Suptata.
- 3) Alabu Dimensions=(8 angul)Diameter, length of attach nalika (4 Angul).
- 4) **Procedure:**
 - A) Prachan should be done at the region at the blood littiching should be done.
 - B) A Alabu with a burning candle kept where the blood is pricking
 - C) The alabu is kept for 10-15 min.
 - D) The burning candles is utilities the air which is inside and creat (-ve)negative pressure for bloodletting.

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SHRINGA APPLICATION

- 1) clean the affected area with anti-Septic Solution.
- 2) Small incision are made over the area, then wider orifice of the horn is placed. over the site & held firmly by the hand.
- 3) Blood from the other orifice is sucked out by force through the mouth.

Reshmi

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BLOODLETTING BY SCALP VEIN

Purva karma

Snehana internal, external, Swedana [Hot fomentation with steam to whole body]

Pradhan Karma -

1. Patient is asked to lie Comfortably over a the bed.
2. The tourniquet is tied over the bicep muscle of hand.
3. The patient is asked to clench his fist tightly.
4. Desired area is clean by anti-Septic Solution.
5. Desired vein [Medial cubital is preferred] is punctured with sterilized Scalp vein needle.
6. when the Sufficient quantity of blood is drawn the needle is withdrawn & patient is asked to loosens his fist.
7. A Cotton swab is pressed over the wound.

Paschat karma : _

If bleeding Continues from the diseased site fine powder of Lodhra or Rakta chandana are applied.



Dr. Sushma

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SOP OF BLOODLETTING BY SHRINGA

1. It is used to let out blood by Suction Pressure.
shringa avacharana is a suction method of bloodletting used for treating blood vitiation. It is used for Sucking & to expel the impure blood out from the affected site in the body,

2. Indications –

- Blood vitiated by vata dosha,
- vatarakta when vitiated blood is Seated in deeper tissue such as deep abscess
- Psoriasis

3. characteristics of horn :

It is Conical, hallow and bent inwards at. distal end.

Length 18 anguly [36 cm] circumference in middle. 12 angula (24 cmy

Diameter of orifice at base Diameter of orifice at tip - 3 angula (6 cm) 1/2-3/4 cm (size of mustard)

Deshmukh

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S.O.P'S OF KSHARSUTRA

Ksharsutra preparation standard operative procedures

1. Ksharsutra cabinet kept in ksharsutra changing room
2. Authenticated and standardized drugs will be used (snuhi kshira/ apamarga kshira, haridra, apamarga kshara)
3. Coatings should be as follows:
 - A. kshira- 11 coatings
 - B. haridra- 7 coatings
 - C. apamarga kshar- 3 coatings

As per standard protocol

4. This kshar sutra will be kept in high voltage ksharsutra cabinet under light source.

Ksharsutra changing Standard operative procedures

1. Patient will come with their OPD case paper
2. Written and inform consent of patient will be taken.
3. Procedure will be explained in their local language.
4. Procedures will be done under all aseptic precautions.
5. Emergency drugs maintained in ksharsutra changing room (if required)
6. Separate ksharsutra test tube maintained with name of the patient

Implementation of S.O.P'S for Ksharsutra preparation and Ksharsutra changing

- Ksharsutra will be prepared by Post graduate students and intern students.
- Snuhi kshir will be collected by intern students.
- Coating of barber thread will be done by intern students.

Principle
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Monitoring of S.O.P'S for Ksharsutra preparation and Ksharsutra changing

- Monitoring of ksharsutra preparation and changing will be done by consultant doctors.
- Consultant doctors will report to the head of the department.

Revision of S.O.P'S for Ksharsutra preparation and Ksharsutra changing

- Revision of S.O.P'S will be done whenever there is requirement or if any mishap occurs during procedure.

Reshman

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SOP's Of Agnikarma

Materials required:

- Arkapatra
- Cotton spirit swab
- Matchbox
- Two artery forceps

Preparation of Materials:

- Cotton spirit swab catching with artery forcep.

PURVA KARMA:

- Take a consent for the procedure and evaluate patient safety for before procedure as per pre procedure checklist.
- The patient should be seated with exposed the part on which agnikarma is to be given with comfort.

PRADHAN KARMA:

- Find the tender point of the pain .
- On which part agnikarma should be applied.
- Cotton spirit swab should be igniting with matchbox.
- On tender point put the igniting spirit swab with artery forcep.
- Keep it until patient can tolerate.
- One side should be done once only/day.

DURATION:

As per patient.

PASHCHAT KARMA:

- The patient should be advised to move the affected part for 5 minutes.
- Post procedure evaluation of the patient should be written in patient's file.

Implementation of S.O.P'S for Agnikarma

- Agnikarma will be performed by Post graduate students and intern students.
- Required Shalaka will be used as per the disease.



Reshmi

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