



Estd : 1989
NCISM College Code : AYU0153
MUHS College Code : 124101

NAAC ACCREDITED WITH B++, QCI "A" Grade, NABH & ISO 21001:2018 CERTIFIED

छत्रपती शाहू महाराज शिक्षण संस्था संचलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



Report of Kaumar Panchakarma (Jan. 2025 to May 2025)

Organized by – Kaumarbhritya Department

C.S.M.S.S. Ayurved Mahavidyalaya, Kanchanwadi, Chh. Sambhajinagar

To,

Principal,

C.S.M.S.S. Ayurved Mahavidyalaya, Kanchanwadi, Chh. Sambhajinagar.

Respected Sir,

Kaumar Panchakarma performed in year 01/01/2025 to 31/06/2025

Sr. No	Name of Panchakarma Procedure	No. Of Patient
1	Vamana	00
2	Virechana	00
3	Basti	288
4	Nasya	189
5	Raktamokshan	00
6	Snehan Swedan	268
7	Shirodhara	208
8	Pinda Sweda	24

[Signature]

Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar.

[Signature]

H.O.D.

Dept. of Kaumarbhritya

Kaumarbhritya Department
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar.



Address : Kanchanwadi, Paithan Road, Chhatrapati Sambhajinagar-431 011. (M.S.) | कांचनवाडी, पैठण रोड, छत्रपती संभाजीनगर - ४३१ ०११ (एम. एस.)

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**C.S.M.S.S. AYURVED MAHAVIDYALAYA, RUGNALAYA,
KANCHANWADI, CHHATRAPATI SAMBHAJI NAGAR**

STATEMENT OF OPD PANCHAKARMA KARMAS PATIENTS LIST FOR THE YEAR 2024-25

Sr. No.	Month	Snehan	Swedan	Vaman	Virechan	Basti	Nasya	Shirodhara	Shirobasti	Other	TOTAL
1	Jun-24	1778	1765	0	0	677	112	61	0	541	4934
2	Jul-24	2214	2255	4	1	767	142	122	0	708	6213
3	Aug-24	2151	2141	4	23	880	149	96	0	724	6168
4	Sep-24	1798	1801	0	5	615	80	43	0	497	4839
5	Oct-24	1896	1896	2	2	428	104	78	0	423	4829
6	Nov-24	2004	2014	2	2	429	142	132	0	496	5221
7	Dec-24	2572	2634	1	15	795	221	181	0	804	7223
8	Jan-25	2108	2144	0	8	443	166	114	0	860	5843
9	Feb-25	2019	2083	3	7	565	96	129	0	747	5649
10	Mar-25	1942	1899	2	4	546	346	359	0	905	6003
11	Apr-25	1694	1710	3	8	600	344	308	0	915	5582
12	May-25	1822	1836	0	3	722	350	416	0	1014	6163
Total		23998	24178	21	78	7467	2252	2039	0	8634	68667



Inward
H.O.D. & Professor
Dept. of Panchakarma
Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chh. Sambhajinagar.

Reshma
Principal
Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar.

**C.S.M.S.S. AYURVED MAHAVIDYALAYA, RUGNALAYA,
KANCHANWADI, CHHATRAPATI SAMBHAJI NAGAR**

STATEMENT OF IPD PANCHAKARMA KARMAS PATIENTS LIST FOR THE YEAR 2024-25

Sr. No.	Month	Snehan	Swedan	Vaman	Virechan	Basti	Nasya	Shirodhara	Shirobasti	Other	TOTAL
1	Jun-24	1935	2001	0	8	677	204	157	0	770	5752
2	Jul-24	2203	2300	0	4	764	134	127	0	809	6341
3	Aug-24	2076	2074	0	0	656	148	167	0	704	5825
4	Sep-24	2015	2032	0	0	760	93	139	0	712	5751
5	Oct-24	1565	1611	0	0	389	149	117	0	570	4401
6	Nov-24	2583	2637	0	2	717	242	120	0	1074	7375
7	Dec-24	2618	2646	0	2	757	166	107	0	937	7233
8	Jan-25	2769	2973	0	1	806	218	194	0	958	7919
9	Feb-25	2275	2403	0	0	619	232	194	0	815	6538
10	Mar-25	2513	2574	0	1	762	184	207	0	923	7164
11	Apr-25	2233	2402	0	0	844	122	138	0	1056	6795
12	May-25	2335	2516	0	0	819	87	121	0	1012	6890
Total		27120	28169	0	18	8570	1979	1788	0	10340	77984



covered
H.O.D. & Professor
Dept. of Panchakarma
Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chh. Sambhajinagar.

Reshmi
Principal
Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
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8.1.3 Promotion of Seasonal Panchakarma Protocol

Department is practicing life style modification & seasonal Panchakarma for Public Health. From the establishment of department we have designed three step protocol to perform panchakarma for health and life style modification. Department has yearly assigned Vasantik Vamana in vasant Basti Panchakarma shibir in varsha rutu. Department also organized health awareness camp, educational tour, Medical Diagnostic Camps at various School institutes and villages. Panchakarma procedures were done at Institutional Panchakarma Unit.

The first step of protocol is

Publicity through rural and urban and through articles through handbills & posters

The second step of protocol is

Inauguration of camp with the help of competent authority of Institutional Chief Authority guest

To do health check-up throughout the day with registration

To perform the karma on the planned day

The third step of protocol is:

To give Patient prior Information regarding dietary regimen to follow pathyaapathya

To publish the conducted program through the newspaper for Public Information.

In winter season the department of panchkarma is doing all Panchakarma like life modification plans ie 'Snehana, Swedana (Abhyang / Steam Bath), each & every year. Life Health care. We are also doing Murdhanitailan, Pindsweadan, Udvartana type Pottali/pinda swedana, talpodichil, padabbyanga, netra tarpana.



[Signature]
Principal

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8.1.3. Promotion of Seasonal Panchakarma Protocol

For public health values & health awareness department of Panchakarma promotes seasonal panchakarma and life style modification.

Department is practicing life style modification & seasonal Panchakarma. From the establishment of department, have designed three step protocol to perform panchakarma for health awareness and life style modification. Department has yearly assigned vasantik vamaana in vasant rutu & basti panchakarma shibir in varsha rutu. Department also have organized health awareness camps in educational institute and periphery villages.

The first step of protocol:

- Planning panchakarma
- Publicity through rural urban areas through handbills & posters, newspapers and through articles

second step of protocol:

- Inauguration of camp with the help of competent authority of institution & guest
- health check-up throughout the day with prior registration
- perform the karma on the planned day

third step of protocol:

- To give Patients instructions regarding dietary regimen.
- follow pathya and apathya.
- publish the program through the newspaper.

In winter season, the department of panchkarma is doing all allied panchakarma like massage, steam bath (snehan/swedan), each & every year. As per life modification plans, we are also doing murdhni tailam, pizichil, udvartanam, different Pinda swedan, talpodichil, padabhyanga, netra tarpanam



Principals

Principal

Chhatrapati Shahu Maharaj Shikshan Sanstha's
Ayurved Mahavidyalaya & Rugnalaya,
Kanchanwadi, Chhatrapati Sambhajinagar.