



# Chhatrapati Shahu Maharaj Shikshan Sanstha's **Ayurved Mahavidyalaya & Rugnalaya**

## PATIENT RIGHTS AND EDUCATION



Kanchanwadi, Paithan Road, Chhatrapati Sambhajinagar,  
Maharashtra-431011





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NCISM College Code : AYU0153  
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छत्रपती शाहू महाराज शिक्षण संस्था संपलित

आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik)



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AAC 2	Patient and family rights supports, individual beliefs, values and involve the patient and family in decision making process.	7
AAC 3	The patients & family member rights of education to make informed decisions and are involved in the care planning and delivery process.	8
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## AYURVED MAHAVIDYALAYA & RUGNALAYA

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### PRE-1 - POLICY AND PROCEDURES TO PROTECT PATIENT AND FAMILY RIGHTS OF INFORMATION ABOUT THEIR RESPONSIBILITIES DURING CARE

#### 1.0 PURPOSE:

- 1.1 To describe the rights of patients and their family members.
- 1.2 To describe the responsibilities of patients and their family members.
- 1.3 To display the rights and responsibilities in a formats and language, so that they can understand easily.

#### 2.0 SCOPE:

- 2.1 All patients who avail services at Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya, Rugnalaya Kanchanwadi, Chh. Sambhajinagar.

#### 3.0 RESPONSIBILITY:

- 3.1 Hospital wide - All staff's (reception, office, all medical oriented departments, nursing and paramedical staff involved in direct patient care).

#### ABBREVIATION:

- 4.1 NABH: National Accreditation Board for Hospitals and Healthcare Providers
- 4.2 PRE: Patient Rights and Education

#### 4.0 DEFINATION:

Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalay, Rugnalaya Kanchanwadi Chh. Sambhajinagar protect the patient ad family rights of information about their responsibilities during care. Patients and family rights are documented and displayed in such a format and language so that they can understand easily.

#### 6.0 REFERENCE:

NABH: Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya & Rugnalaya Accredited for 3 years from 30.11.2021 & going on renewal process.



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छत्रपती शाहू महाराज शिक्षण संस्था

**आयुर्वेद महाविद्यालय व रुग्णालय**

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

**AYURVED MAHAVIDYALAYA & RUGNALAYA**

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



## 7.0 POLICY:

7.1 Patient and family rights are as given in document. These rights shall be documented and displayed also respected and protected by entire staff of the hospital. Display of patient's rights and responsibilities at convenient places in the hospital.

Information of rights of patients shall be communicated to them and their families, if asked, in a format and language that they understand. Staff shall be made aware of their responsibility toward protecting of patients and family rights. Violation of patient right is recorded, reviewed and corrective / preventive measure taken by the designated official in accordance with Indian medical council code of conduct or Dept. of AYUSH.

## 8.0 PATIENT RIGHTS:

8.1 Right to Access healthcare facilities available regardless of age, sex, religion, economic and social status to emergency services.

8.2 Right to choose his/her own doctor.

8.3 Right to be treated with care and dignity without any discrimination.

8.4 Right to be treated in privacy during consultation and therapy.

8.5 Right to be expect that all the communication and records pertaining to his/her case to be kept confidential.

8.6 Right to receive full information regarding diagnosis, treatment and investigations.

8.7 Right to be informed about safety of procedures performed on him or her.

8.8 Right to know about day-to-day progress, line of action, diagnosis and prognosis.

8.9 Right to give informed consent after proper explanation.

8.10 Right to get second opinion at any time.

8.11 Right to access to his records and demand summary.

8.12 Right to receive continuous care for his/her illness.

8.13 Right to be treated in comfort during illness and follow up.

8.14 Right to complain, expect rectification of grievances, obtain compensation for medical injuries/negligence.

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*Principal*

**Principal**

Chhatrapati Shahu Maharaj Shikshan Sanstha's  
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Kanchanwadi, Chhatrapati Sambhajanagar.





Estd : 1989  
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## **PRE-2 POLICY AND PROCEDURES TO PROTECT PATIENT AND FAMILY RIGHTS TO SUPPORT INDIVIDUAL BELIEFS, VALUES AND INVOLVE THE PATIENT AND FAMILY IN DECISION MAKING PROCESS.**

### **1.0 PURPOSE:**

- 1.1 To ensure that patients and families have the right to support individual beliefs, values and involve the patient and family in decision making processes.
- 1.2 To ensure patient and family rights address any special preference, spiritual and cultural needs.
- 1.3 To ensure patient and family rights include respect for personal dignity and privacy during examination, procedures and treatment.
- 1.4 To protect from physical abuse or neglect.
- 1.5 To include patient's information as confidential.

### **2.0 SCOPE:**

- 2.1 All patients who avail services at Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya, Rugnalaya Kanchanwadi, Chhatrapati Sambhajnagar.

### **3.0 RESPONSIBILITY:**

- 3.1 Hospital wide all staff's (Reception, Office, all medical oriented departments, nursing and paramedical staff involved in direct patient care).

### **4.0 ABBREVIATION:**

- 4.1 NABH: National Accreditation Board for hospitals and healthcare providers.
- 4.2 PRE: Patient rights and education.

### **5.0 DEFINITION:**

- 5.1 Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya, Rugnalaya Kanchanwadi, Chhatrapati Sambhajnagar, provides the patient and families to have a right to support individual beliefs, values and involve the patient and family in decision making process.

### **6.0 REFERENCE:**

NABH: Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya & Rugnalaya Accredited for 3 years from 30.11.2021 & going on renewal process.

### **7.0 POLICY:**

- 7.1 Support individual beliefs, values:

*(Signature)*

**Principal**

Chhatrapati Shahu Maharaj Shikshan Sanstha's  
Ayurved Mahavidyalaya & Rugnalaya,  
Kanchanwadi, Chhatrapati Sambhajnagar.

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# आयुर्वेद महाविद्यालय व रुग्णालय

CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

## AYURVED MAHAVIDYALAYA & RUGNALAYA

(Recognized by National Commission for Indian System of Medicine, Ministry of AYUSH, Govt. of India, New Delhi & Affiliated to Maharashtra University of Health Sciences, Nashik.)



- Patient and their family should be informed and educated for their special preference, spiritual and cultural needs. Jain patient or family members of patient should be informed if we are using some meat or animal products in treatment. For example, meat juice in Basti therapy.
- Patient and family members also be informed that they have right to refuse examination of reproductive organs by a male doctor or vis-à-vis and also to maintain privacy during examination, procedures and treatment.
- Ayurved massage should be done by male therapist to male patient and female therapist should be appointed for massage of female patient.

7.2 Physical abuse and neglect: Special precautions should be taken especially with reference to vulnerable patients for example elderly and neonates etc. Example of this include falling from bed/trolley due to negligence or repeated internal examinations, manhandling, etc.

7.3 Patient and family members have right of refusal of treatment or any specific treatment suggested by doctor. Also, doctor should give them information of all possible treatment and freedom of choice.

7.4 Informed consent is taken before panchakarma therapy, Prasutitantra and Streeroga procedures, Shalakya Procedures, Anesthesia, Para surgical procedures and surgery. Also, consent is taken before including the patient for any research protocol.

7.5 Patient and family members should have information on care plan, progress and information on their health care needs and they should have access for their case records.



*Jeshmala*

**Principal**

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NCISM College Code : AYU8153  
MUHS College Code : 3491

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## **PRE-3 - POLICY AND PROCEDURES ON PATIENTS RIGHT OF EDUCATION TO MAKE INFORMED DECISIONS AND ARE INVOLVED IN THE CARE PLANNING AND DELIVERY PROCESS**

### **1.1 PURPOSE:**

- 1.1 To describe rights of education to patients and their family members in decision making.
- 1.2 To educate patients and their family members about how to get involved in patient care and delivery process.

### **2.0 SCOPE:**

- 2.2 All Patients who avail services at Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya, Rugnalaya Kanchanwadi, Chhatrapati Sambhajinagar.

### **3.0 RESPONSIBILITY:**

- 3.1 Hospital wide - all staff's (Reception, office, all medical oriented departments, Nursing and paramedical staff involved in direct patient care).

### **4.0 ABBREVIATION:**

- 4.1 NABH: National Accreditation Board for hospitals and healthcare providers.
- 4.2 PRE: Patient Rights and Education.

### **5.1 DEFINITION:**

Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya, Rugnalaya Kanchanwadi, Chhatrapati Sambhajinagar protects the patients and family rights during care. Patients and family rights in involving the patient and family in decision making process.

### **5.0 REFERENCE:**

NABH: Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya & Rugnalaya Accredited for 3 years from 30.11.2021 & going on renewal process.

### **6.0 POLICY:**

- 6.1 Patient and/or Family members are educated to make informed decisions and are involved in the care planning and delivery process.
- 6.2 The patient and/or family members are explained about the proposed care including the risks, alternatives and benefits. This discussion should be done in local language so that the



*[Signature]*

**Principal**

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Kanchanwadi, Chhatrapati Sambhajinagar.





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patient and relatives can understand. For example, decision of caesarian section in fetal distress.

6.3 Expected outcome of therapy is explained and at the same time possible complications are explained.

6.4 The patient and family members are informed about the diagnostic tests and the method of diagnosis/

6.5 Any change in the patient condition should be explained time to time.

**Principal**

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छत्रपती शाहू महाराज शिक्षण संस्था संचालित

## CHHATRAPATI SHAHU MAHARAJ SHIKSHAN SANSTHA'S

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7.4 Before minor or major operation informed consent is obtained from patient/family members and witness. This informed consent includes the procedures, risks, benefits, alternatives and who all perform the requisite procedure in an understandable local language.

7.5 High risk consent is obtained at the time of admission in IPD ward from seriously ill patient.

7.6 Research scholars/PG scholars also take consent while enrolling patient for their research work.

7.7 In Balroga department parent's consent is taken before Panchakarma procedure or Vaccination or while performing any procedure.

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## PRE-5 POLICY AND PROCEDURES ON PATIENTS AND FAMILY RIGHT OF INFORMATION AND EDUCATION ABOUT THEIR HEALTH CARE NEED'S PURPOSE:

### 1.0 PURPOSE:

- 1.1 To describe the rights of patients and their family members to know about the safe and effective use of medication.
- 1.0 To describe the potential side effects of the medication.
- 1.1 To educate patients and family members about food medicine interactions, about pathyahara and poshana.
- 1.2 To educate about protection prevention of infections.

### 2.0 SCOPE:

- 2.1 All Patients who avail services at Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya, Rugnalaya, Kanchanwadi Chhatrapati Sambhajinagar.

### 3.0 RESPONSIBILITY:

- 3.1 Hospital wide - all staff's (Reception, Office, all medical oriented departments, nursing and paramedical staff involved in direct patient care).

### 4.0 ABBREVIATION:

- 4.1 NABH: National Accreditation board for hospitals and healthcare providers.
- 4.2 PRE: Patient Rights and Education.

### 5.0 DEFINITION:

Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya, Rugnalaya, Kanchanwadi, Chhatrapati Sambhajinagar obtain Patient and/or Family's Consent for informed decision making about their care.

### 6.0 REFERENCE:

NABH: Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya & Rugnalaya Accredited for 3 years from 30.11.2021 & going on renewal process.

### 7.0 POLICY:

#### 7.1 RIGHT TO INFORMATION OF THEIR HEALTHCARE NEEDS:

*(Signature)*

**Principal**

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Ayurved Mahavidyalaya & Rugnalaya,  
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#### 7.1.1 Safe medication:

- Patient and their family should be informed and educated for safe medication and potential side effect of the medicines he/she is taking.
- They should be educated about the dose related side effects to prevent any adverse situation and better patient care like precautions taken while taking Bhallatak Kalpa. Medicines to be taken at a given interval otherwise adverse situation may appear like drug overdose.
- All diuretics should be taken at morning, sometimes it may be taken at afternoon but never be taken at night, it will cause frequent urination which will interrupt the sleep of the patient.
- Basti chikitsa should be taken as per schedule viz. oil enema (Anuvasan Basti) should be taken after food and Decoction enema (Aasthapan Basti) should be taken empty stomach or after complete digestion of previously taken food.

#### 7.1.2 Food and drug interaction

- All patient and their relatives should be educated about the food and drug interaction, an Ayurved dietician is engaged for this work.
- Dietician educates patients and their families about diet according to prakruti and diet related disease and relation with medicines.
- Some food or fruits inhibits the result of some medicines, some food increase the efficacy of some medicines. Also, specific diet (Samsarjan krama) is explained properly after Panchakarma Procedures.
- Pathya-Apathya for each disease is explained to each patient considering his prakruti (bio-type) and vikruti (disease condition).

**7.1.3 Diet and Nutrition:** Patient and their families are educated by the ayurved dietitian about the diet and nutrition according to ayurved; simultaneously he/she assess the nutritional need of the patient and prepare diet chart for every patient.



*(Signature)*  
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## **PRE:6 POLICY AND PROCEDURES ON PATIENTS AND FAMILY RIGHT TO INFORMATION ON EXPECTED COSTS**

### **1.0 PURPOSE:**

1.1 To ensure that patients and families have the right to information regarding their healthcare needs and the expected costs involved.

### **2.0 SCOPE:**

2.1 All Patients who avail services at Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya, Rugnalaya, Kanchanwadi, Chhatrapati Sambhajinagar.

### **3.0 RESPONSIBILITY:**

3.1 Hospital wide - all staff's (Reception, Office, all medical oriented departments, nursing and paramedical staff involved in direct patient care).

### **4.0 ABBREVIATION:**

4.1 NABH: National Accreditation board for hospitals and healthcare providers.

4.2 PRE: Patient Rights and Education.

### **5.0 DEFINITION:**

Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya, Rugnalaya, Kanchanwadi, Chhatrapati Sambhajinagar obtain Patient and/or Family's Consent for informed decision making about their care.

### **6.0 REFERENCE:**

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7.1.4 Prevention of HAI: Patients and attendants are educated on prevention of HAIs, as and when they come to visit, they instructed to maintain hand hygiene, use of barrier devices and not to seat or eat food inside the wards. To avoid bringing flower or bouquet for the patient. To use dust bins according to color coding.

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## PRE:7-POLICY AND PROCEDURES ON COMPLAINT REDRESSAL PROCEDURE

### 1.0 PURPOSE:

1.1 To ensure that patients and families have the right to log complaint and effective method of complaint redressal procedure is adopted.

### 2.0 SCOPE:

2.1 All Patients who avail services at Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya, Rugnalaya Kanchanwadi, Chhatrapati Sambhajinagar.

### 3.0 RESPONSIBILITY:

3.1 Hospital wide - all staff's (Reception, Office, all medical oriented departments, nursing and paramedical staff involved in direct patient care).

### 4.0 ABBREVIATION:

4.1 NABH: National Accreditation board for hospitals and healthcare providers.

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### 5.0 DEFINITION:

Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya, Rugnalaya, Kanchanwadi, Chhatrapati Sambhajinagar obtain Patient and/or Family's Consent for informed decision making about their care.

### 6.0 REFERENCE:

NABH: Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya & Rugnalaya Accredited for 3 years from 30.11.2021 & going on renewal process.

### 7.0 POLICY:

7.1 Right to Log Complaint and effective method of complaint redressal procedure.

7.1.1 Lodging of Complaint: Patient and their family members can log complaint in written or verbal or telephonic way. Complaint box is placed OPD level and IPD level. Analysis of complaint is done and suitable action is taken.

*(Signature)*

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## 7.0 POLICY:

### 7.1 Right to Information on Expected Costs of Healthcare:

7.1.1 Uniform pricing: Patient and their family have been informed about pricing policy in OPD and IPD. Estimated cost of Panchakarma treatment and surgical procedure is informed at OPD level. If any change of treatment and its financial implications are also informed to patient and family members when it is required.

7.1.2 Diagnosis and investigation minimal charges are applied for investigation of OPD patient whereas the same facility is free for IPD patients.

7.1.3 Tariff updated list is available at reception, registration, dispensing counter and in each OPD of Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved Mahavidyalaya, Rugnalaya, Kanchanwadi, Chhatrapati Sambhajinagar.

7.1.4 Food: All patient of IPD get vegetarian and satvik food without any charge.

7.1.2 Redressal procedure: According to severity complaint redressal procedure is adopted at three levels in stipulated time frame.

- Head of department is informed and he/she take appropriate action.
- Deputy Medical Superintendent is involved with Head of department in analysis and action taken.
- Under the chairmanship of Medical Superintendent (Principal) with other members of committee take action.
- Documentation of each written complaint is followed. Corrective and/or preventive action(s) are taken to based on analysis of complaint to avoid.



*Reshmesh*

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