

# CSMSS Ayurved Mahavidyalaya & Rugnalaya



Kanchanwadi, Aurangabad

#### Institutional Distinctiveness

Chhatrapati Shahu Maharaj Shikshan Sanstha's Ayurved mahavidyalaya and Rugnalaya is processing with an ambition to rejuvenate the most ancient medical science, through its vision, quality and policy.

The priority of our institute is to provide quality treatment to geriatric group of "Matoshri Vriddhashram" on charitable basis, Since 1999.

Ageing is a natural process that cannot be prevented and is characterized by dealing physical and Psychological performance that impairs different facts of the life and sense of wellbeing. Although ageing is inevitable, it can be made graceful by providing them regular health and dental checkup, yoga practices and special panchakarma.

### **Objective:**

- To provide quality Health Care Services in geriatric age group.
- To provide regular yoga practices and special Panchakarma to senior citizens.

## The Practice:

- 1. Free health checkup camps are organized on every Thursday and whenever required.
- 2. Screening of patients, analysis of collected data is carried out and diagnosis is done.
- 3. Patients who need laboratory investigations, counseling, Ayurvedic Medications, special panchakarmas, physiotherapy, and Dental checkup are admitted in our hospital.
- 4. Senior citizens are provided following facilities as per their need.
  - i. Eye checkup with spectacles.
  - ii. ENT checkup with hearing aids.
  - iii. Dental checkup with necessary treatment and procedure partial and complete procedures (Artificial prosthesis, Denture etc.)
  - iv. Special yoga sessions are arranged time to time

5. Health cards are issued in association with Assistant. Joint Charity Commissioner, Auranagabad.

Principal
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- 6. Vaccine (Both) doses are given during the pandemic situation of COVID-19.
- 7. The ambulance is provided for the transportation of the patient by the institution.
- 8. Health awareness and education through lectures and discussion are arranged by institution.

## **Outcome:**

- 1. Partial transformation in the lifestyle of senior citizens has been observed.
- 2. Common health issue in them is found to be relieved.
- 3. Physical, mental, emotional and social wellbeing is achieved in them.
- 4. They tend to spend more happy life with interpersonal caring and sharing.

### STATISTICAL DATA OF PATIENT (MATOSHRI ASHRAM) 2016-2020

Sr.No	Name Of Disease	2016		2017		2018		2019		2020	
		Male	Femal e	Male	Femal e	Male	Femal e	Male	Femal e	Male	Femal e
1	Vatvadhi	185	507	120	180	134	278	85	288	17	94
2	G.I. Syndrome	159	226	74	207	67	150	49	103	2	12
3	Prostate/urinary track infection	88	19	17	18	26	17	35	17	9	2
4	Alzheimer's disease/Insomnia	24	29	12	20	0	11	4	7	0	0
5	Bronchial Asthma / URTI / LRTI / ENT	66	244	65	159	32	70	44	73	9	30
6	HTN	29	52	24	33	1	14	6	9	0	0
7	D.M	14	18	13	32	0	6	20	19	1	1
8	Anemia	27	43	37	72	15	57	18	145	3	24
9	Dental Disorder	0	0	4	15	0	20	2	7	0	11
10	Skin Disorder	7	11	44	71	14	1	31	8	14	4
11	Eye Disease & Other	49	87	7	20	16	27	6	39 0	6 resh	5



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