



CSMSS

Ayurved Mahavidyalaya & Rugnalaya

Kanchanwadi, Aurangabad



8.1.3 Protocols incorporating Principles of Ayurveda and their implementation

Institute incorporate protocols for arranging Various Panchakarma Shibir based on season

Viz Vasantik vamaana Shibir in Vasanta ritu, Virechana Shibir in Sharada, vasthi shibir in Varsha. Such shibir are arranged for the benefit of the society and for creating awareness in general public regarding panchakarma. Because of such shibir, the concept of panchakarma has reached to grassroot level of society.

Protocols for arranging the shibir – Its been arranged at institutional level with proper channels and with due permission of higher authorities and also by advertising in local news paper.

Protocols of panchakarma incorporating principles of Ayurveda-

The pathya charts are given to the patients.

During every panchakarma ,regimen of do's and don'ts are explained to the patient.

For every Panchakarma -Poorvakarma, pradhana karma, paschat karma and after that samsarjana krama to be followed are well explained to the patients.

The patients are encouraged to follow the regimen.

The patient having diseases are also been treated according to the dosha avastha.The required panchakarma with allied karmas are incorporated in treatment protocol.